



Registration Opens
8/7 at Noon!



FALL 2018
Enrichment Catalog

SACAJAWEA AFTER SCHOOL ENRICHMENT CLASSES

Brought to you by:
**MEADOWBROOK
COMMUNITY CENTER**
10517 35th Ave. NE
Seattle, WA 98125
Ph: 206-684-7522



Seattle
Parks & Recreation

healthy people healthy environment strong communities

This program is made possible through
Seattle Parks and Recreation and the
Associated Recreation Council.

Program Information

Fall Class Session: 9/17-12/20

Program Contact Information

Meadowbrook Community Center
10517 35th Ave. NE, Seattle, WA 98125
Phone: 206-684-7522

• Program Administrator: Elizabeth Johnson
Phone: 206-465-7064, Email: elizabeth.johnson2@seattle.gov

Program Schedule

Sacajawea Release: 2:25 p.m.

Check In: 2:25-2:45 p.m.

- Students report to the cafeteria upon dismissal to be signed in and eat snack.

Session 1: 2:45-3:45 p.m.

- ALL PARENTS of students not enrolled in second session must come to the cafeteria and SIGN OUT their student at **3:45 p.m.**

Session 2: 3:45-4:45 p.m.

- All parents must SIGN OUT their student by **4:45 p.m.**

***There are no after school classes on holidays, no school days, or early dismissal days at the Elementary School. These "No Class" days are figured into the price of each class.**

How to Register

All students must turn in, or have on file, a completed E-13 Participant Information and Authorization form to register for class. Once completed, E-13 forms are good for one school year. Though classes are held at the school, all paper work must be turned in to Meadowbrook Community Center, where you can receive more information about classes, registration, and scholarships.

FIRST CHOICE

Stop by your local community center to register for programs and meet the staff. Staff welcomes face-to-face interaction! Please note hours of operation as they vary across community centers.

SECOND CHOICE

Online registration using the SPARC system by going to seattle.gov/parks and clicking on SPARC. Please note that you will need to set up an account prior to having access to the online SPARC system. This may take up to a week to process. We do our best to set up accounts for registration within 48 hours.

THIRD CHOICE

Call your local community center during our hours of operation at the phone number listed above, or at: seattle.gov/parks/centers.asp. All staff can assist you with registration during operating hours.

An additional \$5 insurance fee will be required when registering for all gymnastics, tumbling, or circus arts classes offered through Seattle Parks and Recreation. This non-refundable fee covers a child's participation in all gymnastics, tumbling, or circus arts classes for one year from the date of purchase. Please contact your local community center to purchase this insurance. **Note:** This insurance will only be utilized if expenses exceed your primary insurance coverage.

What You Need to Know

Registration and Payments:

Registration opens Aug 7 at noon. If you have never participated in a Seattle Parks and Recreation sponsored program, please sign up at the community center where they can create an account for your family. Once an account is established, you may call **Meadowbrook CC**, stop by, or pay on-line through SPARC. If you register on-line please email the community center coordinator who your child's classroom teacher is and where your child will be going after class. Registration is open for all classes until the day prior to the start of class. **Remember: All students need a Participant Information and Authorization E-13 form prior to participating in any after school classes.**

Scholarship:

To apply for a scholarship, complete and return a scholarship application to the community center. Applications can be found in the **Sacajawea** main office, **Meadowbrook CC**, or can be downloaded at bit.ly/sprscholarships. **Scholarship award and co-payment will be determined based on income qualification and fund availability.**

Refund Policy:

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- Anyone who registers for a class that is cancelled for any reason will receive a full refund.
- **DROPPING A PROGRAM BEFORE THE SECOND SESSION:** A participant may be issued a refund if he/she withdraws from a program, and notifies the program coordinator, prior to the second class session. The facility will retain the pro-rated class fee plus a service charge of \$5 or 10% of the fee, whichever is greater.
- **DROPPING A PROGRAM AFTER THE SECOND SESSION:** If a participant withdraws from a program after the second session of a series, no refund will be given.
- **CANCELLATION OF ONE SESSION:** In the event of an unplanned cancellation of a single session, that class will be rescheduled, and If it cannot be rescheduled, the participant will receive a refund.
- For full details of the Department's Refund Policy, please see Policy Number 060-P 7.16 under PROGRAM which can be found here: <http://www.seattle.gov/Documents/Departments/ParksAndRecreation/PoliciesPlanning/RefundPolicy.pdf>

OH NO! My class got cancelled!

Most classes require a minimum of 6 participants in order to be financially sustainable. We do our best to avoid cancelling classes. However, classes that do not meet minimum enrollment requirement are cancelled prior to their start date. We do prorate class fees to reflect late registration for classes that meet minimum enrollment requirement prior to their start dates.

PLEASE REGISTER EARLY!

Snack and Clothing:

The After School Enrichment Program will provide a snack for each student. Please send your children with clothing appropriate for their classes.

Behavior:

We have the expectation of respect for teachers/instructors and good behavior during classes. Students are expected to maintain the same behavioral standards that they would during the formal school day. If an instructor determines this is not the case the following steps will be taken:

- At the first incident, the Program Administrator will contact parents/guardians regarding student behavior.
- The student will be given one trial class to improve.
- If the disruptive behavior continues, the student will be removed from class.

The program is unable to issue a refund if the student is removed from a class due to a behavioral issue. Please discuss enrollment with your child to be sure they want to attend an after school class.

Picking up Your Child:

Your child must be picked up on time. Our program does not provide childcare after class is over and the playground is not supervised at that time. If your child is picked up late, you will be charged \$1/minute for every minute past your pick up time that you are late. Please call the **Program Administrator** if you are going to be late. Your student can only be picked up by persons listed on the E-13 form.

Absences/Changes:

Please contact the **Program Administrator** as soon as possible with any of the following:

1. Your student will not be attending class (but was at school).
2. Your student was absent from school and will not be attending the After School Program.

Questions/Concerns:

Once a class has begun, if you have any issues or concerns regarding a class, please contact the **Program Administrator**, or email the **Community Center Coordinator**. The **Program Administrator** will be on-site and available during program hours all quarter.

Inclement Weather and City Wide Emergencies:

Please call our CHILD CARE/ENRICHMENT HOTLINE: 206-684-4203, This is a 24-hour line giving information about program closures due to extreme weather or emergencies. It is updated each day by 6 a.m. and as needed.

Fall 2018 Class Session: 9/17-12/20

The Sacajawea After School Enrichment program is run by Meadowbrook Community Center in partnership with the Associated Recreation Council. Please stop by or call the community center, at or after noon on the registration date to register your child for Enrichment classes, or, visit seattle.gov/parks. Please contact your Program Administrator if you have any program questions. Thank you!

Meadowbrook Community Center

206-684-7522
10517 35th Ave. NE
Seattle, WA 98125

Program Administrator

Elizabeth Johnson
206-465-7064
elizabeth.johnson2@seattle.gov

TUESDAYS 13 weeks (No class 11/20)	Time	Grades	Price	Barcode
Session 1				
Anyone Can Be An Artist	2:45-3:45 p.m.	K-5	\$195	183463
World of Machines	2:45-3:45 p.m.	2-5	\$182	183469
Flag Football	2:45-3:45 p.m.	K-5	\$169	183464
After School Drama	2:45-3:45 p.m.	K-3	\$195	183461
Session 2				
Enrichment Explorations (Tues)	3:45-4:45 p.m.	K-5	\$182	183471

THURSDAYS 13 weeks (No class 11/22)	Time	Grades	Price	Barcode
Session 1				
Martial Arts	2:45-3:45 p.m.	2-5	\$169	183468
Hip Hop	2:45-3:45 p.m.	3-5	\$169	183466
Kitchen Creations	2:45-3:45 p.m.	K-5	\$195	183467
Fun with Clay	2:45-3:45 p.m.	K-5	\$182	183465
After School Hoops	2:45-3:45 p.m.	2-5	\$217	183462
Session 2				
Enrichment Explorations (Thurs)	3:45-4:45 p.m.	K-5	\$182	183470

Help Wanted!

Are you interested in assisting with an Enrichment class or teaching one of your own? We'd love your help!

Contact Elizabeth Johnson for more information

email: Elizabeth.johnson2@seattle.gov, ph: 206-465-7064

Course pricing is based on contractual agreements, number of class days and supply costs.

Fall 2018 Class Descriptions A-Z

Anyone Can Be An Artist (Gr. K-5)

A fine arts survey for everyone! Always wanted to work with clay? Create your own self-portrait? Learn to draw with perspective? Come spend your Tuesday afternoon with our experienced and passionate art educator who will guide you through everything from pencil-sketching to painting to sculpture!

After School Drama (Gr. K-3)

Come explore the Dramatic Arts! This supportive and fun filled class is open to all students K-3rd grade. Through theater games and exercises, students will explore how actors use their bodies, voices and imaginations to tell stories and create characters. Whether you are new to the stage or consider yourself a veteran performer there will be something for everyone in this creative class. A final sharing of some of the students' work will be held on Dec 18, at 3:15 p.m..

After School Hoops (Gr. 2-5)

Join One on One Basketball at Sacajawea Elementary for After School Hoops®, an ideal introduction to the most dynamic sport in the world. Our instructors will not only teach your child athletic fundamentals through progressive drills, engaging cardio, and fun competitions, but we will use these fundamentals as a platform to teach life-skill lessons that reinforce positive attitudes about effort, respect, cooperation, and self-control. After School Hoops® makes three guarantees: your child will learn, sweat, and have fun!



Enrichment Exploration (Gr. K-5)

Have a lot of interests? Or maybe you're not sure what you love to do yet? No problem! This is the class for you. In this special enrichment class, we'll explore a wide range of subjects that'll spark deep and lifelong passions. Participants will be treated to outdoor adventuring, cultural experiences, stimulating activity, and get the chance to try out new and exciting curriculum. Students can safely try new things, gain lifelong hobbies, and learn what the world has to offer. Don't miss out!

Flag Football (Gr. K-5)

Embrace your inner Seahawk and get ready to score a touchdown! This action packed class for all students will give players a chance to get a taste at playing their favorite football position. Game play will be learned through a variety of drills and challenges that strive to build technique, promote teamwork, and encourage positive sportsmanship.

Fun with Clay (Gr. K-3)

Get your hands dirty and your creativity rolling while you create several functional objects and sculptures out of clay. We will learn many new techniques to create forms including additive and sub-tractive, and coil and pinch methods. Add color using underglazes, over glazes, and paint. Make textures, make friends, and make art from clay every Thursday. All levels are welcome.

**Register early so your
child's favorite classes run!**

Classes can be canceled if class
minimums are not met.

Spring 2018 Class Descriptions A-Z

Hip Hop (Gr. 3-5)

Get down, get funky, and have fun! This class is for anyone wanting to learn new ways to move to hip hop music. Street dance has been a medium of creation and culture in many cities and is a great way for kids to burn off energy and gain confidence using their bodies.

Techniques covered include popping, waving, and 'boting. In the "cypher," kids will gain confidence as they showcase their moves to one another and get new inspiration. All levels welcome!

Kitchen Creations (Gr. K-5)

Let's go on a food adventure together! Make a pizza pocket. Make a pancake. Make something tasty! Experiment with ingredients while learning about food, nutrition, kitchen safety, and basic cooking techniques. We'll compile all our recipes so you'll have your own Kitchen Creations cookbook at the end of your food adventure!

Martial Arts (Gr. K-3)

In a safe and fun environment, students are immersed in the eclectic martial art of Kajukenbo Kung Fu. Our staff of dedicated, energetic, instructors, are advanced martial artists and experienced educators who provide quality instruction on basic Kajukenbo techniques, including strikes, blocks, forms, partner work, and board-breaking, as well as mindfulness, team-building, and collaboration skills. Through games and engaging activities, students will also learn important self-defense tools that can support them in feeling safer, more confident, and better able to respond to challenges they may face in and out of school.

World of Machines (Gr. 2-5)

As students master the six simple machines using everyday tools, they will then move up to building complex machines using Legos and household objects. Students will be able to race and compete while using basic principles of physics and their creativity!

**Seattle Parks and Recreation offers
fun recreational activities
for people of all ages!**

**To see what's happening near you,
visit your local community center,
or find us online at,
Seattle.gov/parks**





Sacajawea



Seattle
Parks & Recreation

After School Enrichment Cover Sheet

Spring Class Session: 9/17-12/20

Meadowbrook Community Center: 10517 35th Ave. NE, Seattle, WA 98125

Phone: 206-684-7522

Program Administrator: Elizabeth Johnson elizabeth.johnson2@seattle.gov

Student Names: _____ Parent/Guardian: _____

Grade and Teacher: _____ Age/DOB: _____

Phone Number/s: _____ Email: _____

To sign up online at the Seattle Parks and Recreation website (SPARC), go to <https://class.seattle.gov/parks>

**This form must be turned in to the community center,
turning it in to the school does not register your child for any class(s).**

Class Name	Barcode #	Day	Fee
Total Due:			

After class my child will:

_____ Get picked up by approved parent/guardian

_____ Goes to onsite childcare

_____ Other _____

**All students must also turn in a completed E-13 Participant Information and
Authorization form to be registered.**



2018 PARTICIPANT INFORMATION AND AUTHORIZATION FORM

Facility/Program: _____

This information is considered confidential and is used only to help staff meet the needs of your child. **Please fill out all sections completely (mark N/A if a section does not apply) and sign and initial where indicated.** Additional information may be required, including but not limited to immunization records, medical treatment, medication administration instructions and authorization, and special field trip permission. If you have updated information on this form, please contact staff immediately to update.

PARTICIPANT AND PARENT INFORMATION

Child's Name (First and Last)		Age	<input type="checkbox"/> Boy <input type="checkbox"/> Girl <input type="checkbox"/> _____	
Birthdate		School		Grade
Address		City		Zip Code
Parent/Guardian Name (First and Last)			Signature	
Cell Phone	Other Phone		Email	
Address (if different than above)		City		Zip Code
Relationship to Child		Language(s) Spoken at Home		
<input type="checkbox"/> Parent		<input type="checkbox"/> Guardian		
<input type="checkbox"/> Foster Parent				

GENERAL AUTHORIZATIONS AND INFORMATION

- My child has previously attended a Seattle Parks and Recreation School Age Care Program. ☐ No ☐ Yes - Location: _____
- My child has permission to attend field trips as posted in activity schedule, by means of walking, public bus, department van, yellow bus.
(YES) Initial Here _____ (NO) Initial Here _____
- My child has permission to participate in swimming and other water activities at Seattle Parks and Recreation facilities, including swimming pools, lifeguarded beaches, boating facilities, and wading pools. Swimming Ability: ☐ Non Swimmer ☐ Beginner ☐ Intermediate ☐ Advanced
(YES) Initial Here _____ (NO) Initial Here _____
- I will provide sunscreen and my child may apply it _____ times during the day. (YES) Initial Here _____ (NO) Initial Here _____
- Photographs (stills and video) of your child may be used for the City of Seattle, its Department of Parks and Recreation, or Associated Recreation Council or Advisory Council, publications.
If you **DO NOT** agree Initial Here _____ (Do NOT use photographs of my child)

My child has the following behavioral issues which staff should be aware:	I handle these behaviors in the following way:
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EMERGENCY CONTACTS (Also authorized for participant pick-up) Please list secondary contacts if we cannot reach you.

1) Contact Name (First and Last)			Relationship
Cell Phone	Other Phone	Email	
Address		City	Zip Code
2) Contact Name (First and Last)			Relationship
Cell Phone	Other Phone	Email	
Address		City	Zip Code

PICK-UP AUTHORIZATION AND INFORMATION (MINIMUM AGE 14)

List all individuals authorized to pick up your child. If an individual is not listed, your child will not be released. No voice authorization for pick-up accepted.

1) Name	Relationship	Cell Phone	Other Phone
Address			
2) Name	Relationship	Cell Phone	Other Phone
Address			
3) Name	Relationship	Cell Phone	Other Phone
Address			

Child Sign In and Sign Out Procedures (WAC 170-297-2125)

The parent or authorized person to take the child to and from the program site shall sign-in the child on arrival and sign-out the child at departure using a full, legal signature. When the child leaves the program site to attend school or other off-site activities as authorized by the parent, staff shall sign-out the child and sign-in the child upon return to the program.

MEDICAL HISTORY AND AUTHORIZATION INFORMATION

My child experiences the following: Please **CHECK** all that apply or 'None'. Additional forms are required prior to your child attending if medical conditions are checked. Providing this additional information will help us to ensure your child has a positive experience. Efforts will be made to provide reasonable accommodation in accordance with the Americans with Disabilities Act.

- | | | | | |
|--|--|--|--|--|
| <input type="checkbox"/> NONE | <input type="checkbox"/> ADD | <input type="checkbox"/> ADHD | <input type="checkbox"/> Allergies | <input type="checkbox"/> Asthma |
| <input type="checkbox"/> Asperger's Syndrome | <input type="checkbox"/> Autism | <input type="checkbox"/> Behavior Disorder | <input type="checkbox"/> Diabetes | <input type="checkbox"/> History of Seizures |
| <input type="checkbox"/> Hearing Impairment | <input type="checkbox"/> Learning Disability | <input type="checkbox"/> Mental Disability | <input type="checkbox"/> Physical Disability | <input type="checkbox"/> Dev. Disability |
| <input type="checkbox"/> Visual Impairment | <input type="checkbox"/> Other: _____ | | | |

Currently taking

Medication at:

- ☐ Program
☐ School
☐ Home

Unless you have religious objections, we cannot allow your child to participate without the following authorizations. If you have religious objections, please submit a written statement of those objections. A MEDICAL TREATMENT AUTHORIZATION Form signed by a physician is required for any medication taken or administered while in a Seattle Parks and Recreation, Associated Recreation Council or Advisory Council program. Forms are available at each facility.

Child's Name (First and Last)		Age	Birth Date
Medical Provider (First and Last)		Dental Provider (First and Last)	
Address, City, Zip Code		Address, City, Zip Code	
Phone		Phone	
Date of Last Physical Exam: Month _____ Year _____		Date of Last Dental Exam: Month _____ Year _____	
If you do not have a medical provider, in case of injury or incident, what is your plan:		If you do not have a dental provider, in case of injury or incident, what is your plan:	
Preferred Hospital for Treatment:			

I authorize the administration of all medical, dental, and surgical examinations, operations, treatment, and all related care, including emergency or ambulance transportation and the administration of drugs, tests, anesthesia and blood transfusions to the above-named minor when a physician or dentist at the treating medical facility deems those procedures necessary for emergency treatment. I consent to the release of medical report(s) to any doctor or agency and consent to the admission of the above-named minor person to the hospital. I understand that the City of Seattle, its Department of Parks and Recreation, Associated Recreation Council, Advisory Councils, the Community Center, and their officers, employees, and volunteers assume no financial obligation or liability in case of my child's accident or illness. **I also assume full financial responsibility for emergency treatment for my child.**

Initial Here _____

LEGAL DOCUMENTATION INFORMATION

Provide information below pertaining to your child regarding documentation about a parenting plan or current restraining order issued by a legal authority in the State of Washington:

Parenting Plan	Restraining Order
<input type="checkbox"/> YES <input type="checkbox"/> NO Expiration Date: _____ If yes, provide copy for child's program file.	<input type="checkbox"/> YES <input type="checkbox"/> NO Expiration Date: _____ If yes, provide copy for child's program file.

PARENTAL CONSENT, RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT

IN CONSIDERATION of my minor child ("the Minor") being permitted to participate in any way in the EVENT(S), I agree:

I know the nature of the EVENT(S) and the Minor's experience and capabilities, and believe the Minor to be qualified to participate in the Event(s). The Minor and I will inspect the premises, facilities, and equipment to be used or with which the Minor may come in contact to ensure it is safe to our satisfaction. I have spoken with the Minor about the dangers of the activities and the fact that the Minor could—for a variety of known, unknown, foreseeable and unforeseeable reasons, **including negligence** of the City of Seattle, its employees and volunteers, officers and agents—be seriously injured. In extreme cases, such injuries could include permanent disability, paralysis or even death ("risks"). Even understanding these risks I consent to the Minor's participation in the Event(s) and assert that the Minor is willing to participate in the event.

I accept and assume all risks, and assume all responsibility for the losses, costs and/or damages following an injury related to the Event(s), including disability, paralysis or death, even if caused in whole or in part by the negligence of the following releasees: the City of Seattle, its employees and volunteers, officers and agents. **My acceptance of these risks includes releasing and agreeing not to sue the releasees. I also agree to indemnify and save and hold harmless the releasees and each of them from any and all litigation expenses, attorney fees, loss, liability, damage, or cost they may incur due to a claim made against any of the releasees identified above based on an injury to the Minor, whether the claim is based on the negligence of the releasees or otherwise and whether the claim is made by me, is made on behalf of the minor, or is otherwise made.**

Signature of Parent or Guardian

Printed Name of Parent or Guardian

Date