

# Licensed Childcare Center

SEPTEMBER 2021 - JUNE 2022  
AGES 3-12



**arcseattle.org**

*A program by the Associated Recreation Council in  
partnership with Seattle Parks and Recreation.*



**Seattle**  
Parks & Recreation



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# OVERVIEW OF LICENSED CHILDCARE CENTER (LCC) PROGRAMS

## WELCOME

Thank you for choosing our Licensed Preschool Program! Seattle Parks and Recreation (SPR), in partnership with the Associated Recreation Council (ARC), is delighted to have the opportunity to serve you and your child(ren). We serve children ages 3-12 years of age and strive for a low-teacher child ratio of 1:8 (preschool) and 1:10 (school-age).

For our preschool programs, we provide a hands-on, child-centered, safe and healthy environment that includes fun and age-appropriate learning activities. We meet licensing regulations and consistently have a minimum of 2 teachers in our classrooms. Our program meets the developmental needs of young children, focusing on emotional, social, physical, and cognitive skills. Classrooms are set up with rich environments, fun-filled learning areas, consistent schedules, and routines, and both large and small group times. Most preschool programs offer a Summer Camp experience. These camps are offered in weekly sessions (excluding holidays). They operate as part time, three and half hours a day, five day/week camps. The staff are trained in Early Childhood curriculum, CPR/First Aid, and safe food handling practices

For school-age children, we provide children with a safe environment and a wide range of recreational and learning experiences that encourage health and fitness, environmental stewardship, academic enrichment, and life-long success. We offer Before and/or After-School programs, School Break Camps (Winter, Mid-Winter, and Spring), one-day Professional Day programs, full day programs during parent/teacher conferences and Summer Day Camps. Our goal is to serve the needs of parents and guardians while addressing the special interests of each child. We do this by offering high quality programs that include arts and crafts, indoor and outdoor active games, homework and literacy time, science, environmental education, personal health and safety talks, cooking and nutrition, and opportunities for participants of all ages to engage with each other. We promote positive social interactions and problem-solving skills which support children in developing relationships and age-appropriate social skills. The staff are trained in First Aid/CPR, HIV/AIDS, Food Handling, Child Abuse Reporting, Disaster Preparedness, Health and Safety, Bloodborne Pathogens, School Age Program Quality Assessment (SAPQA) Initiative and Behavior Management.

As a parent or guardian, you play an important role in helping to ensure your child has a positive experience in our program. Please read this Family Handbook so you are aware of our policies and procedures. Thank you!

**There is a tear-out page at the back of the Family Handbook to sign and return to your director. Please keep this Family Handbook accessible for future reference.**

**Electronic copies of this Family Handbook can be found on ARC's website at:**  
[Licensed Childcare 2021-2022 Handbook.pdf \(arcseattle.org\)](https://arcseattle.org/Licensed_Childcare_2021-2022_Handbook.pdf)

## COMMUNICATION

Contact information is listed in the back of this handbook. Our qualified management and staff are available to answer any questions you may have regarding you or your child's experience in our programs. Please refer to the following break down as an informative guide for whom to direct your questions, comments, or feedback.

## **REGARDING THE PROGRAM...**

**Director** - Each program has a director who plans and prepares program offerings and oversees day-to-day operations on site. They will give you an on-site orientation to familiarize you and your child with these specific offerings.

**Area Operations Supervisor** – Each program is assigned an Area Operations Supervisor to support its work. If the Director is not available and you need immediate assistance, please call the Area Operations Supervisor listed for your site.

**Family Resource Educator** – Our Family Resource Educator provides direct support to the families served at the licensed childcare (preschool only) and preschool program sites to improve child outcomes. They work in partnership with program staff to create a supportive, fun, safe, welcoming, and inclusive environment for all participants and their families.

**Special Populations Program Manager** – Our Special Populations Program Manager works with children with special needs in our programs. They offer support for incoming families, as well as continued support for currently enrolled participants. They work in direct communication with the Director, Area Operations Supervisor and Family Resource Educator (preschool only) to ensure consistency in providing a high-quality experience for all enrolled participants. ARC's Voice/TDD number is 206-615-0492.

**Community Center Staff** – Each program is associated with a Community Center. Community Center Coordinators, Assistant Coordinators and Recreation Attendants can clarify questions regarding enrollment, payment, scholarships, DCYF subsidies, or facilities, please contact the Community Center Coordinator, Assistant Coordinator, or Rec. Attendant for more information

## **EMERGENCY NUMBERS**

<b>Emergencies</b>	24 Hour Emergency line SPR	206-684-7250
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Typically used for afterhours emergencies related to Seattle Parks and Recreation facilities, parks, or programs.

<b>Childcare Hotline</b>	24 Hour Emergency/Extreme Weather	206-684-4203
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This line is updated with critical information about program operations impacts due to emergencies, weather, or other emergency situations. This is an informational line only and does not accept messages.

## **PROGRAM PHILOSOPHY AND GOALS**

### **OUR PARTNERSHIP**

Within the City of Seattle, a special working relationship is maintained through a Memorandum of Agreement between Seattle Parks and Recreation (SPR) and the Associated Recreation Council (ARC) and its advisory councils. ARC is an independently incorporated, 501(c)(3) nonprofit organization. It is comprised of a volunteer Board of Directors made up of advisory council representatives and at-large members. Currently, there are neighborhood advisory councils that share the common purpose with SPR of providing community supported quality programs and services.

### **SEATTLE PARKS AND RECREATION MISSION STATEMENT**

**MISSION:** Seattle Parks and Recreation provides welcoming and safe opportunities to play, learn, contemplate, and build community, and promotes responsible stewardship of the land.

**VISION:** We promote healthy people, a healthy environment, and strong communities.

### **THE ASSOCIATED RECREATION COUNCIL MISSION AND VISION STATEMENTS**

**MISSION:** Inspire engagement and participation in equitable, dynamic, culturally relevant, and responsive recreation, childcare, and lifelong learning programs.

**VISION:** Bringing together all people to build a healthy community.

**VISION OF PRESCHOOL PROGRAMS:** To provide children ages 3-5 with a safe developmentally appropriate learning environment that includes fun, active, engaging experiences that develop a love of learning.

**VISION OF SCHOOL-PROGRAMS:** To provide children ages 5-12 with a safe environment and a wide range of fun and innovative learning opportunities that encourages and reinforces play, academic enrichment, and life-long success.

## **THE ASSOCIATED RECREATION COUNCIL PROGRAM GOALS**

It is the goal of our program to serve the needs of parents and/or guardians and/or guardians or guardians while addressing the special interests and concerns of their children. Our trained staff works diligently to provide a safe, quality program designed to promote citizenship, leadership, cultural enrichment, health and physical education, social recreation, along with outdoor and environmental education. Our program goals also include utilizing the many available resources within Seattle to enhance your child's education and to raise awareness about issues affecting our community.

## **ANTI-BIAS STATEMENT**

ARC recognizes and honors diversity of all kinds. This includes race, ethnic background, religion, gender and gender identity, age, sexual orientation, and differing physical conditions. We strive to be culturally sensitive, create welcoming environments where families and children see themselves represented, and adopt policies and procedures that foster equity and inclusion. Anti-bias education is a commitment to respect and embrace differences and to actively challenge bias, stereotypes, and unfairness.

## **ORGANIZATIONAL POLICIES**

### **ANTI-DISCRIMINATION POLICY**

As a matter of policy, law and commitment, no person will be excluded from, nor discriminated against, on the basis of race, color, marital status, sexual orientation, gender identity, economics, political ideology, age, creed, religion, ancestry, national origin, or presence of sensory, mental or physical handicap (Seattle Municipal Code).

### **AMERICANS WITH DISABILITIES ACT (ADA)**

Seattle Parks and Recreation and the Associated Recreation Council recognize and comply with the Americans with Disabilities Act. In an effort to create an inclusive community, we are committed to making every reasonable effort to accommodate participants with disabilities.

If you believe you have been discriminated against based on the above listed criteria, you may file a complaint with:

Washington State Department of Social and Health Services  
Office for Equal Opportunity  
Civil Rights Compliance Section  
PO Box 45830  
Olympia, WA 98504-5839

## **PARENT/GUARDIAN CONDUCT EXPECTATIONS**

Parents and/or guardians: In consideration of all participants, staff, family members and guests, it is important that all visitors to the program abide by our rules and guidelines, as outlined in this handbook. Below are additional items that have been established as it pertains to conduct of all visitors:

- We ask that you take special care to be courteous and respectful in all interactions whether with your children or others' as well as with staff, other parents and/or guardians and/or guardians and visitors.
- We ask that you help us to make our programs a home-away-from-home; a place where children, families and staff feel warm and welcomed each day.
- Please share our rules and guidelines, as outlined in the family handbook, with anyone you may ask to pick-up, drop-off or visit your child(ren) in our program.
- It is expected that if a parent/guardian feels any person is exhibiting threatening physical and/or verbal behaviors, it will immediately be reported to the program director and/or designee.

Staff will work to ensure our program is always safe and welcoming to all:

- If there is a situation where the conduct of a parent/guardian, authorized pick-up or emergency contact is not consistent with rules and expectations, the program director and/or designee will ask that person to refrain from the behavior and/or leave the program or center.
- Conduct by parents and/or guardians, authorized pick-ups or emergency contacts in violation of the Anti-Harassment Policy found in the family handbook may result in staff calling 911 and/or termination of enrollment of participant.

## **ANTI-HARASSMENT POLICY**

Families, community center staff and preschool staff are expected to respect the rights of everyone at the program by:

1. Recognizing our programs are made up of individuals from varying cultures, religions, sexual orientations, and racial and social backgrounds.
2. Refraining from racial or sexual comments, jokes or slurs. Other examples of unacceptable behavior include inappropriate touching, unwelcome sexual behavior, or comments, displaying derogatory materials.
3. Not threatening verbally, physically, or otherwise, anyone involved in the preschool program.

To report alleged discrimination or harassment contact your program's Area Operations Supervisor to start an investigation.

## **CONFIDENTIALITY**

It is the policy of Seattle Parks and Recreation and Associated Recreation Council to treat all confidential information in strict confidence and to respect each family's information and records in a secure and safe manner.

# **PRESCHOOL PROGRAMS INFORMATION**

## **LICENSED SPP/PATHWAYS PROGRAMS AND SUMMER DAY CAMPS**

The Seattle Parks and Recreation and Associated Recreation Council SPP programs are licensed programs with the Department of Children, Youth, and Families (DCYF) and comply with the Washington Administrative Codes, policies, and procedures for licensed preschool programs. Pathway Preschool programs are on a schedule to become licensed, however meet or exceed the childcare licensing standards. Summer Day Camps operating at SPP and Pathways facilities offering school-year programs are not operating as SPP or Pathways programs.

## **CREATIVE CURRICULUM**

Our preschool program uses principals for the Creative Curriculum for Preschool from Teaching Strategies. Children attending our program will be observed and assessed in six developmental areas: social, emotional, physical, cognitive and language development, literacy, and mathematics. Creative Curriculum is a research-based curriculum that has been used to implement developmentally appropriate preschool programs for over 30 years. Creative Curriculum activities and teaching methods enable children to become confident, enthusiastic, and creative learners.

Each classroom will be set up with the following interest areas:

- **Blocks** – where children develop small muscle coordination, learn about sizes, shapes, numbers, order, patterns, and how to work together and exchange ideas and viewpoints.
- **Dramatic Play** – where children deepen their understanding of the world by engaging with others as they recreate life experiences, learn to cooperate with their peers, share ideas and solve problems.
- **Toys and Games** – where children practice eye-hand coordination, counting, make puzzles, do matching games, learn to take turns and develop confidence in completing a task successfully.
- **Art** – where children create, explore materials, express themselves and their feelings, develop fine motor skills, and convey their individuality and originality.
- **Library** – where children can relax and have quiet time looking at picture books, learning about different people and places, learn pre-reading skills such as left to right eye coordination, understanding symbols, develop listening skills, and use small muscles for writing and illustrating.
- **Discovery** – where children explore and investigate to answer their questions. They observe, experiment, measure, solve problems, and learn how to predict what will happen as a result of their actions.

- **Safe Space** – children learn how to regulate their emotions and behaviors and solve social problems
- **Sand and Water** – children learn math concepts, social studies, technology, and art.
- **Music and Movement** – children hear and appreciate different kinds of music and learn to express themselves through movement.

## COSTS AND PROCEDURES

### REGISTRATION

The following items must be completed before any child can participate in our program(s). We offer an e-forms platform called ePACT through which parents and/or guardians and/or guardians will complete the required participant registration information.

- ePACT Participant e-forms. (A paper version is available upon request - Participant Information and Authorization Form E-13).
- A current Certificate of Immunization is **REQUIRED** for all participants unless there is an approved exemption based on Washington State requirements and Exemption Form is signed. It must be on a State of Washington Department of Health-approved form. (Form will be uploaded by parent into ePACT). Each program maintains a list of children with medical needs and personal immunization exemptions. Immunization records are available upon requests to parents and/or guardians and/or guardians when their child leaves the program.
- Registration fees and/or deposits paid in full.
- Scholarship Application and Verification of Income (if applicable).
- Medical Treatment Authorization forms and any additional forms (if applicable) specific to your child's needs requested by your program. (Forms are available for download in ePACT).
- If your child requires accommodations, a meeting will be scheduled with the parent/guardian within 3 working days before your child can attend the program. Disclosure is not intended to be punitive, but rather to allow us to best serve your child.
- Incomplete paperwork may delay your child's start date.

Please notify the program director in writing and update your child's ePACT record if there are any change of address, phone numbers, names of persons authorized to pick up your child, allergies, other health or medical information, or accommodation needs.

### SPECIAL NEEDS

If your child has a less severe special need, as indicated on enrollment paperwork, the director will request a Special Needs Protocol meeting before your child's start date. Special Needs Protocol meetings are attended by the parent, director, Family Resource Educator and Special Populations Program Manager. The group will work as a team to understand the nature of the less severe special need and to identify positive strategies to support the participant while they are in program.

Every effort will be made to make reasonable accommodation. Our program and staff are not equipped to provide personal hygiene care nor one-on-one support for managing behavior.

### EXPLANATION OF FEES FOR THE SCHOOL-YEAR

For actual costs, please see site specific information in the back pages of this handbook.

- **Preschool programs are free for those who qualify financially** but we do accept some private pay students where families pay the registration fee as listed in the back of the handbook.
  - A \$25 registration fee is charged at time of registration to hold a spot in each program. This fee is one-time per program regardless of the number of months.
    - *Note: Scholarships are applied to Registration Fees*
  - Families will pay the registration fee again for each different location they enroll.
  - **Registration fee is non-refundable and non-transferrable**
  - Monthly program fees are due 7 days before the start of the month. If the payment due date falls on a weekend or holiday, payment is due the next business day.

- If payment is not collected prior to the due date, your child may be withdrawn from the program by the next business day.
- Program fees include all supplies.
- **Pro-rating:** This is only permitted for NEW/FIRST TIME registrations. Please check with the community center staff regarding this policy.
- **Drop-in** attendance is NOT allowed.
- **Absence:** If your child is sick or absent, we are unable to give you a refund or pro-rate your fee. Since we reserve a place for your child each day, staff are required to be on-site, even if your child is absent.
- **Continuity of Care Registration:** Due to changes in operations related to COVID-19 pandemic, continuity of care registration may not be offered. Typically, sites offer continuity of care registration for families whose children were enrolled the previous school year. Your local community center staff will be able to provide any details regarding continuity of care registration.

Program protocols will be established to meet guidelines from the Centers for Diseases Control and Prevention (CDC), Washington State Department of Health (DOH) and Public Health Seattle/King County (PHSKC) as it relates to the COVID-19. Currently no field trips will be offered for the 2021-2022 school-year due to guidelines from the Centers for Diseases Control and Prevention (CDC), Washington State Department of Health (DOH) and Public Health Seattle/King County (PHSKC) as it relates to the COVID-19 Pandemic. We will update this as the guidelines are updated by the CDC, DOH and PHSKC.

The following programs are City of Seattle Preschool Programs (SPP), where partial or full subsidies are available.

**These programs are NOT registerable through Seattle Parks and Recreation.**

Please visit <https://earlylearning.powerappsportals.us/parentportal/> or call 206-386-1050 for details.

Seattle Preschool Programs run through the school year (Sep-June). Summer preschool programs run separately.

#### Alki Preschool Program:

Preschool school-year program is a **SPP** program, contact Alki CC for more information.

##### 2021-2022 School-Year Programs Ages/Days/Hours/Price

Ages	Days	Time	Price/Month
3-5	M-F	8:30 a.m.-2:30 p.m.	Free to those who qualify

##### 2022 Summer Program Ages/Days/Hours/Price – Summer Program ½ Day Only

Ages	Days	Time	Price Per Week
3-5	M-F	9:30 a.m.-1 p.m.	TBD

#### Bitter Lake Preschool Program:

Preschool school-year program is a **SPP** program, contact Bitter Lake CC for more information.

##### 2021-2022 School-Year Programs Ages/Days/Hours/Price

Ages	Days	Time	Price/Month
3-5	M-F	9:30 a.m.-3:30 p.m.	Free to those who qualify

##### 2022 Summer Program Ages/Days/Hours/Price – Summer Program ½ Day Only

Ages	Days	Time	Price Per Week
3-5	M-F	9:30 a.m.-1 p.m.	TBD

#### Meadowbrook Preschool Program:

Preschool school-year program is a **SPP** program, contact Meadowbrook CC for more information.

##### 2021-2022 School-Year Programs Ages/Days/Hours/Price

Ages	Days	Time	Price/Month
3-5	M-F	8:30 a.m.-2:30 p.m.	Free to those who qualify

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**2022 Summer Program Ages/Days/Hours/Price – Summer Program ½ Day Only**

Ages	Days	Time	Price Per Week
3-5	M-F	9:30 a.m.-1 p.m.	TBD

The following programs are City of Seattle Pathways which is an entry level to the Seattle Preschool Program (SPP) where partial or full subsidies are available. Please inquire at the Community Center front desk for an application.

**Ballard Preschool Program:**

Preschool school-year program is a SPP/Pathways program, contact Ballard CC for more information.

**School-2021-2022 School-Year Programs Ages/Days/Hours/Price**

Ages	Days	Time	Price/Month
3-5	M-F	8:30 a.m.-2:30 p.m.	Free to those who qualify

**2022 Summer Program Ages/Days/Hours/Price – Summer Program ½ Day Only**

Ages	Days	Time	Price Per Week
3-5	M-F	9:30 a.m.-1 p.m.	TBD

**PAYMENTS**

All fees are determined by Department of Education and Early Learning (DEEL).

**SPP PAYMENTS**

All payments for SPP programs are made payable directly to DEEL during the school year.

**PAYMENTS FOR PRIVATE PAY PARTICIPANTS**

Payments may be set up as 'auto-pay' in the registration system, paid over the phone with credit card/debit card, and may be taken during community centers operating hours pending operations changes in response to COVID-19. We encourage families to choose payment methods online. Parents and/or guardians and/or guardians/guardians are asked to save receipts for tax or accounting purposes. Back receipts may not be available. There will be a fee of \$20 for each NSF check. Make checks payable to:

CITY OF SEATTLE  
**FEDERAL TAX IDENTIFICATION INFO**  
**ARC Tax ID # 51-0170717**

**HOLIDAY CLOSURES**

Programming on City holidays is NOT included and will NOT be offered. The monthly fee does not change due to holidays.

We will be closed on the following City of Seattle holidays:

Monday, July 5, 2021	Independence Day (observed)
Monday, September 6, 2021	Labor Day
Thursday, November 11, 2021	Veteran's Day
Thursday & Friday, November 25 & 26, 2021	Thanksgiving Break
Friday, December 24, 2021	Christmas Day (observed)
Friday, December 31, 2021	New Year's Day (observed)
Monday, January 17, 2022	Martin Luther King Jr. Day
Monday, February 21, 2022	President's Day
Monday, May 30, 2022	Memorial Day
Monday, June 20, 2022	Juneteenth (observed)

## OTHER IMPORTANT DATES FOR THE SCHOOL YEAR

**Parent Conference Meetings:** September 7<sup>th</sup>-9<sup>th</sup>

**First Day of Program:** September 20<sup>th</sup>

**Thanksgiving Week:** November 22<sup>nd</sup>-24<sup>th</sup> (No program)

**Winter Break:** December 27<sup>th</sup>-30<sup>th</sup> (No program)

**Mid-Winter Break:** February 22<sup>nd</sup>-25<sup>th</sup> (No program)

**Last Day of Program:** June 22<sup>nd</sup> (make-up days for possible snow closures - June 23<sup>rd</sup> & 24<sup>th</sup>)

## CITY SCHOLARSHIPS

Scholarships are available through Seattle Parks and Recreation. See your community center staff for a scholarship application if interested.

### City Scholarship Application Information:

- The Scholarship cycle is the start of Preschool Summer Camp through the end of the school year.
- Scholarship participants have a 60% attendance requirement. They must attend 60% of a program period in order to keep the scholarship. Families will be notified if you are in jeopardy of losing your child's scholarship.
- Scholarship applications are accepted year-round with 'new cycle' applications available each year in February. Scholarship funds are limited and are allocated on a first come, first served basis.
- Please return your completed scholarship application, including appropriate income verification, to the community center front desk or email to [scholarship.parks@seattle.gov](mailto:scholarship.parks@seattle.gov).
  - If scholarship application and financial documents are sent by email **BE SURE TO MARK OUT ANY SOCIAL SECURITY NUMBERS.**

## LATE PICK-UP POLICY

Children must be picked up by the end of program hours. If you have not picked up your child by end of scheduled program time, you may be assessed a late fee (see *Late Pick-Up Charge* section below) and staff will start calling all contacts listed on the E-13. If your child is left longer than 1 hour after the program is closed and the staff is unable to reach you or emergency contacts, as mandated reporters, we are required to notify CPS and/or the police. Please make sure that emergency contacts listed on the registration form are people who would be willing and available to pick up your child in case of such an emergency or unforeseen lateness. Continued lateness may result in warning letters and your child's removal from the program.

## LATE PICK-UP FEE

A Late Pick-Up Fee of \$1 per minute will be charged for participants not picked up by the end of the program. This fee is to be paid at the front desk by cash, credit card or check. Please make sure that emergency contacts listed on your registration form are people who would be available to pick up your child in case of such an emergency or unforeseen lateness.

## PROGRAM CANCELLATION/REFUNDS

Preschool program days cancelled by SPR for any reason will be refunded with the following exception; Programs closed due to weather or emergency circumstances will be credited to the customer account **after the first two cancelled days. No credit will be provided for the first two cancelled days over the course of a school year.**

For full details of the Department's Refund Policy, please see Policy Number 060-P 7.16 which can be found here: <http://www.seattle.gov/Documents/Departments/ParksAndRecreation/PoliciesPlanning/RefundPolicy.pdf>

## EXTREME WEATHER CONDITIONS OR NATURAL EMERGENCIES

When Seattle Public Schools are in session, our preschool programs run under the school district's assessment of road conditions and school closures. For up-to-date information on the impact of extreme weather conditions or natural emergencies, call the **Childcare Hotline at 206-684-4203**. This hotline is available 24 hours a day.



## **IN THE EVENT OF EXTREME WEATHER OR NATURAL EMERGENCIES**

- Preschool programs could be cancelled based on weather conditions affecting the safety of staff, children, and families.
- Seattle Parks and Recreation community centers can only be closed by an order from the Mayor and may be instructed to remain open to the public, even if Preschool programs have been cancelled.

## **EMERGENCY CLOSURE POLICY WHEN SEATTLE PUBLIC SCHOOLS ARE OPERATING**

- When Seattle Public Schools are open, the preschool is open.
- When Seattle Public Schools are closed, the preschool is closed.
- When Seattle Public Schools open late, the preschool will be open for afternoon sessions only where afternoon sessions are available.
- When Seattle Public Schools are dismissed early, preschool care will be provided until parents and/or guardians arrive to pick up their children. They will be called to pick up their children as soon as possible.
- Please listen to the public service announcements made by the media regarding Seattle Public School closures or call the **Childcare Hotline at 206-684-4203**.

## **PRESCHOOL PROGRAM POLICIES AND PROCEDURES**

### **SIGN-IN AND SIGN-OUT PROCEDURES**

The Department of Children, Youth, and Families (DCYF) requires that the parent or authorized representative sign their child in on arrival and sign their child out when leaving daily (WAC 110-300-0455). Participants will only be released to those individuals authorized by the parent/guardian in the ePACT information or the E-13. Parents are encouraged to add the names of any and all individuals who may bring or pick up a child, even under unusual circumstances. Please contact the director to add or remove individuals from the pick-up authorization list.

- Authorized persons over 18 years old must produce a valid picture ID.
- Please have identification ready as it may be checked frequently. We appreciate your support as staff work to maintain safety.
- Signatures must be full legal names.
- Staff members are not authorized to sign children into the morning program, nor out of the afternoon program.
- Staff can sign a child in/out for an activity on premises where the parent or guardian has given specific written permission that would allow that child to leave the facility.

**All authorized individuals must be 14 years or older.** When the authorized individuals are between the ages of 14 and 17, the parent/guardian is responsible for assessing the responsibility level and emotional maturity of the authorized person. Additional consideration should be given to the safety of the route to be taken home and whether the younger child listens well and follows directions. Should supervision or safety of the child become an issue, the Seattle Parks and Recreation and Preschool staff will meet with the parent to determine the appropriateness of the authorized individual.

### **Important Notes:**

- If the non-custodial parent attempts to pick up their child and we have a notarized restraining order, we are mandated to call the police.
- If we have a court-ordered Parenting Plan, and a parent requests to pick up the child on a different day, we **MUST** have authorization from the other parent that it has been mutually agreed upon. Staff cannot negotiate or alter the Parenting Plan.
- For safety reasons, we will not release your child to anyone who appears to be under the influence of alcohol or any other substance. In such circumstances staff will call other adults on the authorized pick-up list.
- If the parent/guardian appears to be under the influence, chooses to leave the premises with the child and will be operating a motor vehicle, staff will call the police immediately.

## **ALCOHOL TOBACCO, CANNABIS USE AND PROHIBITION OF ILLEGAL DRUGS**

The usage or distribution of all alcohol, tobacco, cannabis, and illegal drugs is prohibited. If a parent/guardian is impaired or suspected to be due to drug or alcohol use, we will call someone on their pick-up authorization list or suggest calling a taxi for them. If the parent/guardian chooses to leave with the child and will be operating a motor vehicle, staff will call the police immediately. The incident will also be reported to CPS. An Incident Report will be written.

## **REPORTING LATENESS/ABSENCES**

It is the responsibility of the parent to notify the director when the child will not be in attendance for the day, or any part of the day. If your child will be arriving late or be leaving early on a particular day, please let the director know. You may also leave a voicemail message which will be checked periodically by staff.

## **NON-RELIGIOUS INSTRUCTION**

SPR/ARC programs celebrate our diversity of cultures and their non-religious traditions. No religious content is included.

## **TWO-WAY COMMUNICATION**

Preschool staff will attempt to give daily feedback to parents and/or guardians and/or guardians regarding their child's day at preschool. In turn, it is helpful if parents and/or guardians and/or guardians inform the staff if there is anything at home which may affect the child at preschool (such as a visit from a grandparent, illness in the family, a restless night, etc.). We ask that if you have any concerns about something that has happened at preschool, please let the director or teacher know as soon as possible so we can schedule a time to meet and discuss the issue. In order to maintain confidentiality, we ask that you discuss private matters outside the classroom.

## **LUNCH AND SNACK**

The serving of lunch and snack are determined by programming and vary from site to site. In some cases, parents and/or guardians may be required to provide lunch and/or snack. Most sites do not have the ability to heat or refrigerate food. Check with your program director for specific information. **Please note: all our classrooms are nut free zones.**

We follow all Department of Children, Youth, and Families (DCYF) licensing guidelines when preparing and serving lunch and snack. Washington State Licensing also requires that food provided meets USDA specifics (WAC 110-300-0185). This restricts the use of such beverages as some fruit juice drinks, Gatorade®, and lemonade. Read the label carefully to choose juice that meets state licensing requirements. Good examples include Dole® 100% fruit juices, Tree Top® apple juice, and V-8® juice. If the first two ingredients on the label are water and high fructose corn syrup, it probably is not going to meet the state licensing requirement of 100% fruit juice.

## **TOOTH BRUSHING**

*Tooth brushing decreases the colonization of bacteria on teeth by disrupting the formation of plaque. The use of fluoridated toothpaste strengthens tooth enamel making the enamel more resistant to the acid produced by bacteria. Tooth brushing in the classroom improves the child's oral health, teaches the child basic hygiene and health promotion, and helps establish a lifelong prevention habit.*

We offer at least one opportunity each day for tooth brushing after a snack or a meal. Parents are given a chance to opt out of this activity for their child by signing a written form. We will provide the toothpaste and toothbrushes for all children.

As recommended, **fluoridated toothpaste is not used by children under 2 years old** or who are unable to spit out toothpaste after brushing. The American Dental Association recommends that for children 3-6 years of age, a pea sized amount of fluoridated toothpaste can be used.

Tooth brushing is supervised to ensure:

- A routine which enhances learning
- Proper toothpaste usage
- Good tooth-brushing technique
- Toothbrushes are not shared and are handled properly
- Children do not walk with toothbrushes in their mouths

**Toothbrushes:**

- Each child has his/her own toothbrush with his/her name clearly marked on the handle with marker. No sharing or borrowing is allowed.
- Small toothbrushes with soft, rounded nylon bristles that are short and even are used.
- Toothbrushes are replaced every 3 months or sooner if the bristles become splayed or the toothbrush is contaminated.
- Toothbrushes are not sanitized or put in the dishwasher.
- Toothbrushes are stored to in a manner to prevent cross-contamination:
  - Open to air with the bristles up
  - Unable to drip on one another
  - Not in contact with each other or any other thing

We use one of the two the following procedure for tooth-brushing at our center:

**1. Tooth-brushing at a Table:**

- Teacher(s) assisting with tooth-brushing wash hands.
- As children finish eating, they are given a small paper cup with a small amount of water in the bottom and their toothbrush
- Teacher dispenses toothpaste in a manner which eliminates cross-contamination.
- Child begins brushing on the biting surface, and then moves from area to area (left-to-right and top-to-bottom) around the mouth.
- Brushing continues for 2 minutes. (Exposure to fluoridated toothpaste is beneficial even with unsatisfactory brushing technique).
- Child takes small sip of water and then spits water and toothpaste residue back into paper cup.
- If desired, child may then be given a cleansing drink of water from another cup.
- Child holds the toothbrush over the designated rinse container and the teacher pours water from a clean water source over the toothbrush to rinse it.
- The child hands the toothbrush to the teacher, who replaces it in the drying rack.
- Child throws the paper cup away.
- Table is cleaned with the 3-step process (clean, rinse, disinfect).

**2. Tooth-brushing at a Classroom Sink:**

- Teacher(s) assisting with tooth-brushing wash hands.
- Sink and faucet are cleaned, rinsed, and disinfected.
- Water from a clean water source is obtained.
- Teacher hands each child a small cup of water and his/her toothbrush.
- Teacher dispenses toothpaste in a manner which eliminates cross-contamination.
- Child begins brushing on the biting surface, and then moves from area to area (left-to-right and top-to-bottom) around the mouth.
- Brushing continues for 2 minutes. (Exposure to fluoridated toothpaste is beneficial even with unsatisfactory brushing technique).
- When brushing is completed, child spits excess toothpaste into sink and rinses his/her mouth with a drink from the cup of water.
- Child holds the toothbrush over the sink and the teacher pours water from a clean water source over the toothbrush to rinse it.
- If desired, child may then use their paper cup and be given a cleansing drink of water from a clean water source.
- The child hands the toothbrush to the teacher, who replaces it in the drying rack.
- Child throws the paper cup away.
- Classroom handwashing sink is cleaned with 3-step process using disinfectant after all the children are finished.

## **DIAPER AND TOILET TRAINING PROCESS**

Our licensed preschool programs welcome students regardless of their progress on toilet training. Staff will collaborate with families to support students in developing emergent self-care skills as well as providing hygienic support in the meantime. If a child is not fully toilet trained before admittance into the program, staff will work with the family to determine a plan of support that moves the child's skills forward while providing the correct level of support currently needed. Teachers are able to provide standing diaper-changing support. Please let program staff know what your child's specific needs are around toileting, and please send your child with extra clothing and any toileting supplies that are needed (e.g. diapers, wipes). Additional toileting supplies such as rash creams must be accompanied by a medication authorization form.

## **FAMILY INVOLVEMENT**

There are many ways that you can become involved in your child's program:

- Come to the program and share a special skill you have with the children (music, art, cooking, tutoring children in academic subjects, etc.)
- Donate to your child's program (tax deductible). Ask for our current wish list!
- Volunteer your time – preparing games, building a container garden or worm bin, drama, or storytelling, and so much more.
- We welcome all suggestions for improvement. Please be in contact with our directors, area operations supervisors, and/or community center coordinators with any specifics that can help us to continue to provide high quality service for you and your family.
- Please speak with your director who will schedule time for you to share your talents and contributions.

## **SUPERVISION**

Children will always be well supervised by our staff and will be in continuous visual and/or auditory range. Washington State Licensing requires an adult to child ratio of 1:10; however, SPR/ARC strives to maintain 1:18 ratio.

## **SUPERVISION DURING BATHROOM USE**

All staff are required by the Department of Children, Youth, and Families (DCYF) to provide appropriate supervision by keeping children within continuous visual or auditory range, (WAC 110-300-0345). When bathrooms are located outside the dedicated preschool rooms, a staff person will enter the restroom ahead of the child to ensure it is safe before sending participants into the facility. While participants are using the facility, staff will remain within auditory range of the restroom. Staff will also use this practice for public restrooms on field trips. Staff are encouraged to send children to the restroom one at a time to prevent peer to peer abuse.

## **APPROPRIATE DRESS**

Your child should dress in clothing that allows for them to be successful while in the preschool program. Children need sturdy shoes, and sandals must have straps in the back (no flip flops). Also, provide your child with appropriate outerwear that allows for outdoor play. Your child should have a complete change of clothing (include socks) to be kept at preschool. The best method of storing these items is in a gallon-size zip-lock bag. Please make sure to label all clothing with the child's name.

## **TOYS AND VALUABLES**

Please do not allow your child to bring toys and/or valuables to preschool, unless there is a specified 'Show and Tell' day scheduled by the teacher, or the item is related to the weekly theme. Staff cannot be responsible for lost or stolen items.

## **BIRTHDAYS**

Birthday celebrations are important to children, and they enjoy sharing the experience with their friends at preschool. Everyone is welcome to have a birthday celebration if they wish (even summer birthdays). Please notify your director if you plan to provide a special snack for your child's birthday. Only commercially prepared foods may be served according to public health recommendations. If you are planning a birthday party outside of preschool program, and sending out invitations, please do so outside of preschool program time - unless all children are being invited to attend the celebration.

## **PARENT TEACHER CONFERENCES**

During the school year, parents and/or guardians and/or guardians will be invited to participate in two conferences a year. These conferences are optional, but parents and/or guardians and/or guardians are encouraged to participate. Directors and teachers will collect drawings and other items throughout the year and will share developmental milestones and other highlights of your child's preschool experiences with you during the conferences.

## **FIELD TRIPS**

Supervised groups may travel by school bus, Metro bus, or on foot to local parks, pools, or other points of interest. Field trip attendance lists will be completed in advance and staff/child ratio will be strictly followed during transition periods or while on field trips. All reasonable safety measures will be utilized while on field trips, as the safety and well-being of your child is of utmost importance to us. Parents/guardians will be informed of field trip dates, times, and destinations in advance. We encourage you to reinforce with your children the importance of following the directions and decisions of staff at all times. On rare occasions and/or due to repetitive behaviors of concern, if staff deems that a child's conduct may seriously endanger his or her safety, or the safety of others, the parent and/or guardian will be notified, and the child will not be able to participate in the planned activity.

Program protocols will be established to meet guidelines from the Centers for Diseases Control and Prevention (CDC), Washington State Department of Health (DOH) and Public Health Seattle/King County (PHSKC) as it relates to the COVID-19. Currently no field trips will be offered for the 2021-2022 school-year due to guidelines from the Centers for Diseases Control and Prevention (CDC), Washington State Department of Health (DOH) and Public Health Seattle/King County (PHSKC) as it relates to the COVID-19 Pandemic. We will update this as the guidelines are updated by the CDC, DOH and PHSKC.

## **SAFETY RULES**

Our goal is to provide a safe, happy, healthy learning environment for your child. To ensure the success of our program, we have some basic rules to go by. Please review them with your child:

- Have fun!
- We stay in the classroom at all times. We only leave the classroom with our teachers or families.
- We use walking feet inside.
- We keep our shoes on at school so that our feet are safe.
- We use inside voices when in the classroom.
- We can use running feet outside and in the gym.
- We share the toys and games.
- We take turns with our friends and may have to wait until they are done.
- We listen to our teachers and to each other.
- We sing and dance and play and we are happy!

## **HANDLE WITH CARE CRISIS INTERVENTION POLICY**

- Most situations can be diffused without the use of physical restraint. Physical restraint is the last resort and will be used only if the child is posing a serious threat to him/herself or others. Staff will do everything possible to de-escalate the situation, including using a soothing quiet voice, moving away from the child, removing the child from the situation, and validating the child's feelings. Handle with Care is a totally integrated crisis intervention system that uses verbal de-escalation techniques and, in emergency situations when there are no other options to keep your child and/or others safe, a modified physical. All preschool staff have been fully trained in Handle with Care.

## **SAMPLE PROGRAM SCHEDULE**

Below is a sample daily schedule. Schedules and program times vary from site-to-site. Please communicate with your program director about site specific daily activity schedules.

### **PRESCHOOL DAILY SCHEDULE HALF DAY**

<b><u>Time</u></b>	<b><u>Activity</u></b>
9-10 a.m.	Arrival, choice activities, snack
10-10:30 a.m.	Circle, team building, songs
10:30-11:15 a.m.	Discovery station and small group
11:15-11:45 a.m.	Lunch
11:45 a.m.-12:15 p.m.	Outside/Gym
12:15-12:30 p.m.	Daily reflections and departures

### **PRESCHOOL DAILY SCHEDULE FULL DAY**

<b><u>Time</u></b>	<b><u>Activity</u></b>
9:30-10 a.m.	Arrival and choice activities
9:40-10 a.m.	Morning snack*
10-10:20 a.m.	Group time and daily discussion
10:20-11:20 a.m.	Free choice activities and small group work
11:20 a.m.-12 p.m.	Outside/Gym choice time**
12-12:15 p.m.	Story time
12:15-12:45 p.m.	Lunch*
12:45-1:30 p.m.	Rest and Relaxation
1:30-1:40 p.m.	Afternoon group time
1:40-2:20 p.m.	Free choice activities and small group work
2:20-2:55 p.m.	Outside/Gym choice time**
2:55-3:10 p.m.	Afternoon snack*
3:10-3:30 p.m.	Daily Reflections, songs, and departures

# SCHOOL-AGE PROGRAMS INFORMATION

## LICENSED SUMMER DAY CAMPS AND SCHOOL-AGE PROGRAMS

The Seattle Parks and Recreation and Associated Recreation Council School-Age Care programs are licensed programs with the Department of Children, Youth, and Families (DCYF) and comply with the Washington Administrative Codes (WACs), policies and procedures for licensed childcare center programs. Summer Day Camps at a facility offering school-year programs are also licensed by DCYF.

## STAFF TRAINING AND PROFESSIONAL DEVELOPMENT

We provide staff training in First Aid/CPR, HIV/AIDS, Food Handling, Child Abuse Reporting, Disaster Preparedness, Health and Safety, Bloodborne Pathogens, School Age Program Quality Assessment (SAPQA) Initiative and Behavior Management.

## COSTS FOR 2021 SUMMER DAY CAMPS

### Fees:

Summer Day Camps is \$390 per week (\$312 for the 4-day week of July 4). Program fees include all supplies and snacks. No field trips will be offered for the 2021 summer program due to guidelines from the Centers for Diseases Control and Prevention (CDC), Washington State Department of Health (DOH) and Public Health Seattle/King County (PHSKC) as it relates to the COVID-19 Pandemic.

**Operating Hours:** Monday-Friday, 7:30 a.m.-6 p.m.

### **Summer Day Camps Registration Fees (Formerly Deposits):**

A \$25 registration fee per child is charged at time of registration to hold a spot in each program. This fee is one-time per program regardless of the number of weekly sessions at the same:

- Families will pay the registration fee again for each child if enrolling at a different location. There is no registration fee for school year break camps.
- **Registration fee is non-refundable and non-transferrable.**
- *Note: Scholarships are applied to Registration Fees*

### **Balances:**

Balance of fees for each week your child attends Summer Day Camps must be received 7 days prior to the first day of the registered week. If payment is not made, your child will be withdrawn on the next business day.

## HOLIDAY CLOSURES FOR SUMMER 2021

Programming on City holidays is NOT included and will NOT be offered. We will be closed on the following City of Seattle holidays:

Independence Day Observed

Monday, July 5<sup>th</sup>, 2021

## EXTREME HOT WEATHER POLICY

Summer Day Camps staff takes extra precautions during hot weather seasons. Children do not adapt to extreme temperature as effectively as adults. There is significant risk of heat-related illness when the heat index (the outdoor temperature as it relates to relative humidity) is at or above 90 degrees. ARC may alter activity schedules when the National Weather Service indicates an extreme hot weather risk in Seattle. In addition, during hot weather spells staff will:

- Remind families to send water bottles with participants each day.
- Have children apply sunscreen regularly.
- Schedule outside play in the mornings when the heat is less extreme.
- Take more water breaks than usual. Encourage children to drink water.
- Encourage families to provide to WIDE-BRIMMED HATS to wear when outside and to wear thin, light colored clothes.
- Observe children for signs of heat exhaustion – such as heavy sweating, paleness, muscle cramps, tiredness, weakness, dizziness, nausea, or vomiting – and seek appropriate medical attention when necessary.

## **AIR QUALITY POLICY**

Due to the increased risk of air quality concerns related to summer wildfires, program activities may be altered to reduce outdoor play and activities to comply with State and Local advisories.

## **SACK LUNCHES**

It is the responsibility of the parent or guardian to provide the child with a sack lunch and drink during Summer Day Camps. It is not possible for us to accommodate lunches that need to be refrigerated or microwaved. Please do not send food that will spoil.

- All lunches should also include the necessary utensils.
- Washington State licensing requirements specify that a sack lunch needs to include a dairy product, a protein food, a bread or grain, and two total servings of fruit or vegetable.
- Since children's appetites vary greatly, please ensure that your child's lunch contains enough food to satisfy hunger, but not so much that the child feels he or she cannot be successful with eating.

Washington State Licensing also requires that food provided meets USDA specifics (WAC 110-300-0185). This restricts the use of such beverages as some fruit juice drinks, Gatorade®, and lemonade. Read the label carefully to choose juice that meets state licensing requirements. Good examples include Dole® 100% fruit juices, Tree Top® apple juice, and V-8® juice. If the first two ingredients on the label are water and high fructose corn syrup, it probably is not going to meet the state licensing requirement of 100% fruit juice.

Some sites may qualify and offer the City of Seattle Summer Food Service program. Please check with the site your child is enrolled for additional information.

## **SCHOOL-AGE PROGRAM COSTS AND INFORMATION REGISTRATION**

The following items must be completed before any child can participate in our program(s). We offer an e-forms platform called ePACT through which parents will complete the required participant registration information.

- ePACT Participant e-forms. (A paper version is available upon request - Participant Information and Authorization Form E-13).
- A current Certificate of Immunization is REQUIRED for all participants unless there is an approved exemption based on Washington State requirements and Exemption Form is signed. It must be on a State of Washington Department of Health-approved form. (Form will be uploaded by parent into ePACT). Each program maintains a list of children with medical needs and personal immunization exemptions. Immunization records are available upon requests to parents when their child leaves the program.
- Registration fees and/or deposits paid in full.
- Scholarship Application and Verification of Income (if applicable).
- Medical Treatment Authorization forms and any additional forms (if applicable) specific to your child's needs requested by your program. (Forms are available for download in ePACT).
- If your child requires accommodations, a meeting will be scheduled with the parent/guardian within 3 working days before your child can attend the program. Disclosure is not intended to be punitive, but rather to allow us to best serve your child.
- Incomplete paperwork may delay your child's start date.

Please notify the program director in writing and update your child's ePACT record if there are any change of address, phone numbers, names of persons authorized to pick up your child, allergies, other health or medical information, or accommodation needs.

## **SPECIAL NEEDS**

If your child has a less severe special need, as indicated on enrollment paperwork, the director will request a Special Needs Protocol meeting before your child's start date. Special Needs Protocol meetings are attended by the parent, director, and



Special Populations Team. The group will work as a team to understand the nature of the less severe special need and to identify positive strategies to support the participant while they are in program.

Every effort will be made to make reasonable accommodation. Our program and staff are not equipped to provide personal hygiene care or toileting nor one-on-one support for managing behavior.

## **EXPLANATION OF FEES FOR THE SCHOOL YEAR**

### **Fees:**

The monthly fee is averaged over the 10 months of the program for a consistent monthly fee. This standard monthly Before and After-School program fee is determined by:

- Counting all the program days of before and after-school care in the school year and dividing by ten to get the amount per month.
- This averages the cost of the programs over 10 months and allows for a consistent fee. For example, the same fee is charged for a full month (September) and a holiday month (December). Some months have 20 days of service, some 19, and some 14. The fee is consistent throughout the year regardless of the number of days.
- Professional Days, day between semesters and early release days are included in the cost when the child is enrolled in the Before and/or After-School Program in the month for these days.
- Program fees include all supplies and snacks.

Program protocols will be established to meet guidelines from the Centers for Diseases Control and Prevention (CDC), Washington State Department of Health (DOH) and Public Health Seattle/King County (PHSKC) as it relates to the COVID-19. Currently no field trips will be offered for the 2021-2022 school-year due to guidelines from the Centers for Diseases Control and Prevention (CDC), Washington State Department of Health (DOH) and Public Health Seattle/King County (PHSKC) as it relates to the COVID-19 Pandemic. We will update this as the guidelines are updated by the CDC, DOH and PHSKC.

<b>Program</b>	<b>Full Time Fee (Mon-Fri)</b>	<b>3-day (Mon, Wed, Fri)</b>	<b>2-day (Tues, Thurs)</b>
Before School <i>(Monthly Fee)</i>	\$353.00*	\$212.00	\$141.00
After School <i>(Monthly Fee)</i>	\$618.00	\$371.00	\$247.00
School Break Camps <i>(Weekly Fee)</i>	\$204 (Winter & Mid-Winter), \$255 (Spring)	N/A	N/A
One Day Camps <i>(Daily Fee)</i>	\$51.00	N/A	N/A

\*Magnolia CC has a 2.5 hour option at \$441/month (3-day: \$265, 2-day: \$176)

### **Balances:**

Balance of fees for each month will be due 7 days prior to the start of each programming month. If payment is not made, your child may be withdrawn on the next business day.

### **School Year Registration Fee (formerly deposits):**

A \$25 registration fee is charged at time of registration to hold a spot in each program. This fee is one-time per program regardless of the number of months (school year):

- Families will pay the registration fee again for each different location they enroll.
- No registration fee for school year break camps.
- **Registration fee is non-refundable and non-transferrable.**
- *Note: Scholarships are applied to Registration Fees*

### **Partial Week Registration**

- Optional number of days will be 5, 3 or 2 days.
  - Monday, Wednesday, and Friday
  - Tuesday and Thursday
  - Monday-Friday
- The days attending must stay the same for each month registered.

- We do not accommodate partial week extra days that do not include early release days or one-day camps for November Parent/Teacher Conference days, Professional Development days, or Day Between Semesters.

### **DCYF Partial Week Registration:**

- Participants with DCYF authorization less than 5 days/week should be enrolled for only the number of days they are authorized.
- Participants with less than 5 days/week authorization that want to attend full time must pay the difference in the full monthly rate minus the rate based on the # of days they are authorized to enroll through DCYF.

### **Payment Due Date:**

Monthly fees are due 7 days before the start of the month. If the payment due date falls on a weekend or holiday, payment is due the next business day.

- If payment is not collected prior to the due date, your child may be withdrawn from the program by the next business day.

### **Other Important Payment Info:**

- **Forfeiting Your Slot:** If your site has a wait list, and you fail to make your monthly payment in full, your slot may be forfeited for the remaining months of the school year. Your child will then be placed at the bottom of the waitlist.
- **Hardship:** If you need to arrange a payment schedule, you must speak directly to the community center coordinator.

## **COSTS FOR ONE DAY CAMP AND SCHOOL BREAK CAMPS**

This information may change and will be updated as we have information about what Seattle Public School's school year plan includes.

<b>Dates</b>	<b>Number of Days</b>	<b>Price</b>
Fri, Oct 8 State In-service Day (no school)	1	\$51
Nov 22-24 Elementary conference days (no school for elementary and K-8 students)	3	\$51/day
Dec 20-23 Winter Break Week 1 (no school)	4	\$204
Dec 27-30 Winter Break Week 2 (no school)	4	\$204
Thurs, Jan 27, Day between semesters (no school) *possible snow make-up day (1 of 3)	1	\$51
Feb 22-25, Mid-winter Break (no school)	4	\$204
Apr 11-15, Spring Break (no school)	5	\$255

### **Winter, Mid-Winter (*only when on SPS calendar*), and Spring Break Camps:**

These are separate activities with separate fees. Before and After-School program participants must register and pay for these programs in addition to the monthly fee for Before and After-School programs.

### **November Parent Teacher Conference Days:**

Most Seattle Public Schools schedule November Parent Teacher conferences for 3 full days before Thanksgiving, Monday through Wednesday. These are One-Day Camps with separate fees.

### **Professional Development Days and Day Between Semesters:**

- Before and/or After-School Participants – NO ADDITIONAL FEE when enrolled and scheduled on the Professional Development Day or Day Between Semesters.
- Not currently enrolled participants or part-time enrolled participants who are not scheduled for that day - \$51/day for each day. Sites must have availability.

## **HOLIDAY CLOSURES FOR SCHOOL YEAR 2021-2022**

Programming on City holidays is NOT included and will NOT be offered. We will be closed on the following City of Seattle holidays:

Labor Day	Monday, September 6, 2021
Veterans Day	Thursday, November 11, 2021
Thanksgiving Break	Thursday, November 25-Friday, November 26, 2021
Christmas Day	Friday, December 24, 2021 (observed)
New Year's Day	Friday, December 31, 2021 (observed)
Martin Luther King Jr. Day	Monday, January 17, 2022
President's Day	Monday, February 21, 2022
Memorial Day	Monday, May 30, 2022
Monday, June 20, 2022	Juneteenth (observed)

## **LAST DAY OF SCHOOL-AGE PROGRAM**

School-age programs may close at least 2 days prior to the last day of Seattle Public Schools to allow staff time to prepare for Summer Day Camps. The exact last day of Seattle Public School is subject to change due to various circumstances throughout the year such as inclement weather make-up days. SPR/ARC will notify parents in May regarding the last day of the 2021-2022 SAC program. Please communicate with your program director if you have further questions.

## **PAYMENTS**

Payments may be set up as 'auto-pay' in the registration system, paid over the phone with credit card/debit card, and may be taken during community centers operating hours pending operations changes in response to COVID-19. We encourage families to choose payment methods online. Parents/guardians are asked to save receipts for tax or accounting purposes. Back receipts may not be available. There will be a fee of \$20 for each NSF check. Make checks payable to:

CITY OF SEATTLE

**FEDERAL TAX IDENTIFICATION INFO**

**ARC Tax ID # 51-0170717**

## **REFUND POLICY**

**BEFORE AND/OR AFTERSCHOOL PROGRAMS:** A refund may be issued, less the registration fee, for the activity, if they withdraw from a before and/or after School, or if they notify the community center coordinator at least 14 days prior to the beginning date of the program. No refunds will be made for requests received less than 14 days prior to the beginning of the program. For school-age care program days cancelled, due to weather related circumstances, no credit/refund will be issued for the first two cancelled days over the course of the school year. A credit will be issued for the 3<sup>rd</sup> or additional cancelled days.

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that any person who registers for a class, camp, special event or program that is cancelled for any reason by the Department or ARC will receive a full refund, with the following exception: No refund/credit is given if the School-Age Program or Summer Day Camps is cancelled due to weather for the first two cancelled days.

For full details of the Department's Refund Policy, please see Policy Number 060-P 7.16 which can be found here: <http://www.seattle.gov/Documents/Departments/ParksAndRecreation/PoliciesPlanning/RefundPolicy.pdf>

## HOLIDAY CLOSURES

Programming on City holidays is NOT included and will NOT be offered. The monthly fee does not change due to holidays.

We will be closed on the following City of Seattle holidays:

Monday, July 5, 2021	Independence Day (observed)
Monday, September 6, 2020	Labor Day
Thursday, November 11, 2020	Veteran's Day
Thursday, Friday, November 25 & 26, 2021	Thanksgiving Break
Friday, December 24, 2021	Christmas Day (observed)
Friday, December 31, 2021	New Year's Day (observed)
Monday, January 17, 2022	Martin Luther King Jr. Day
Monday, February 21, 2022	President's Day
Monday, May 30, 2022	Memorial Day
Monday, June 20, 2022	Juneteenth (observed)

## ADDITIONAL INFORMATION

- **Prorating:** This is only permitted for NEW/FIRST TIME registrations. Please check with the community center staff regarding this policy.
- **Drop-in** enrollment is NOT allowed.
- **Absence:** If your child is sick or absent, we are unable to give you a refund or pro-rate your fee. Since we reserve a place for your child each day, staff are required to be on-site, even if your child is absent.
- **Continuity of Care Registration:** Due to changes in operations related to COVID-19 pandemic, continuity of care registration may not be offered. Typically, sites offer continuity of care registration for families whose children were enrolled the previous school year. Your local community center staff will be able to provide any details regarding continuity of care registration. Siblings and incoming Kindergartners are not eligible for Continuity of Care registration.

## DCYF SUBSIDY

Our Before and After-School programs and Break Camps are licensed by the Department of Children, Youth, and Families (DCYF) and accept DCYF subsidy payments. Please check with your case worker to see if you are eligible.

Please note that DCYF registered participants who never attend (each month they are on the attendance list, but no days attended), the community center staff will follow-up with these families to determine if before school or after school is needed and if so it will be communicated that the participants will need to attend. If the participants still don't attend, they may forfeit their slot and be unenrolled.

## CITY SCHOLARSHIPS

Scholarships are available through Seattle Parks and Recreation. See your community center staff for a scholarship application if interested.

### City Scholarship Application Information:

- The Scholarship cycle is the start of Summer Day Camp through the end of the school year.
- Scholarship participants have a 60% attendance requirement. They must attend 60% of a program period in order to keep the scholarship. Families will be notified if you are in jeopardy of losing your child's scholarship.
- Scholarship applications are accepted year-round with 'new cycle' applications available each year in February. Scholarship funds are limited and are allocated on a first come, first served basis.
- Please return your completed scholarship application, including appropriate income verification, to the community center front desk or email to [scholarship.parks@seattle.gov](mailto:scholarship.parks@seattle.gov).
  - If scholarship application and financial documents are sent by email **BE SURE TO MARK OUT ANY SOCIAL SECURITY NUMBERS.**

# SCHOOL-AGE PROGRAM POLICIES AND PROCEDURES

## SIGN-IN AND SIGN-OUT PROCEDURES

The Department of Children, Youth, and Families (DCYF) requires that the parent or authorized representative sign their child in on arrival and sign their child out when leaving daily (WAC 110-300-0455). Participants are required to follow the programs sign in/out procedure and a sign in/out area will be available when you arrive at the site.

### Sign-In:

1. Announce your child's arrival to a staff member.
2. Check your child into the program on the iPad using Active CONNECT (*required*).

### Sign-Out:

1. Announce your arrival and the name of your child.
2. Locate child and gather your child's belongings.
3. Check your child out of the program on the iPad using Active CONNECT (*required*).

Participants will only be released to those individuals authorized by the parent/guardian in the ePACT information or the E-13 and/or Extracurricular Activity Form. Parents are encouraged to add the names of any and all individuals who may bring or pick up a child, even under unusual circumstances. Please contact the director to add or remove individuals from the pick-up authorization list.

- Authorized persons over 18 years old must produce a valid picture ID.
- Must have an account in the ACTIVE Net registration system.
- Please have identification ready as it may be checked frequently. We appreciate your support as staff work to maintain safety.
- Signatures must be full legal names.
- Staff members are not authorized to sign children into the morning program, nor out of the afternoon program.
- Staff can sign a child in/out for an activity on premises where the parent or guardian has given specific written permission that would allow that child to leave the facility.

**All authorized individuals must be 14 years or older.** When the authorized individuals are between the ages of 14 and 17, the parent/guardian is responsible for assessing the responsibility level and emotional maturity of the authorized person. Additional consideration should be given to the safety of the route to be taken home and whether the younger child listens well and follows directions. Should supervision or safety of the child become an issue, the Seattle Parks and Recreation and School-Age staff will meet with the parent to determine the appropriateness of the authorized individual.

## **UNDER NO CIRCUMSTANCES MAY CHILDREN SIGN THEMSELVES IN OR OUT.**

### Important Notes:

- If the non-custodial parent attempts to pick up their child and we have a notarized restraining order, we are mandated to call the police.
- If we have a court-ordered Parenting Plan, and a parent requests to pick up the child on a different day, we **MUST** have authorization from the other parent that it has been mutually agreed upon. Staff cannot negotiate or alter the Parenting Plan.
- For safety reasons, we will not release your child to anyone who appears to be under the influence of alcohol or any other substance. In such circumstances staff will call other adults on the authorized pick-up list.
- If the parent/guardian appears to be under the influence, chooses to leave the premises with the child and will be operating a motor vehicle, staff will call the police immediately.

## **REPORTING LATENESS/ABSENCES**

It is the responsibility of the parent to notify the director when the child will not be in attendance for the day, or any part of the day. If your child will be arriving late or be leaving early on a particular day, please let the director know. You may also leave a voicemail message which will be checked periodically by staff.

## **LATE PICK-UP POLICY**

Children must be picked up by the end of program hours. If you have not picked up your child by end of scheduled program time, you may be assessed a late fee (see *Late Pick-Up Charge* section below) and staff will start calling all contacts listed on the E-13. If your child is left longer than 1 hour after the program is closed and the staff is unable to reach you or emergency contacts, as mandated reporters, we are required to notify CPS and/or the police. Please make sure that emergency contacts listed on the registration form are people who would be willing and available to pick up your child in case of such an emergency or unforeseen lateness. Continued lateness may result in warning letters and your child's removal from the program.

## **LATE PICK-UP FEE**

A Late Pick-Up Fee of \$1 per minute will be charged for participants not picked up by the end of the program. This fee is to be paid at the front desk by cash, credit card or check. Please make sure that emergency contacts listed on your registration form are people who would be available to pick up your child in case of such an emergency or unforeseen lateness.

## **RELEASE OF INFORMATION**

If you need to request the release of records pertaining to your child's participation in our program, please provide a formal 'Request for Information' in writing to the Seattle Parks and Recreation Community Center Coordinator. Seattle Parks and Recreation staff will clarify what information you are requesting and coordinate the release of the documents. Certain records pertaining to minors have legal restrictions on who can access them, what may need to be redacted prior to release, and may require 3<sup>rd</sup> party notification.

## **EXTREME WEATHER CONDITIONS OR NATURAL EMERGENCIES**

When Seattle Public Schools are in session, our School-Age Programs run under the school district's assessment of road conditions and school closures. For up-to-date information on the impact of extreme weather conditions or natural emergencies, call the Childcare Hotline at 206-684-4203. This hotline is available 24 hours a day.

## **IN THE EVENT OF EXTREME WEATHER OR NATURAL EMERGENCIES**

- School-Age Programs could be cancelled based on weather conditions affecting the safety of staff, children, and families.
- Seattle Parks and Recreation community centers can only be closed by an order from the Mayor and may be instructed to remain open to the public, even if School-Age programs have been cancelled.

## **REGARDING SEATTLE PUBLIC SCHOOLS SCHEDULE CHANGES DUE TO WEATHER**

- The Before and/or After School-Age program is open during the same times that Seattle Public Schools are open and closed during the same times Seattle Public Schools are closed.
- When Seattle Public Schools open late due to extreme weather or other circumstances, care will be provided during After-School hours only. No Before-School care will be offered.
- When schools dismiss early due to such conditions, the programs may operate until parents arrive to pick up their children or close early.
- Parents/guardians may be requested to pick up their children early based on the severity of the weather and/or emergency.
- The program may close before program end time once all children have been picked up.

## **SNACK**

Washington State has established licensing requirements to assure that children get the nutrients they need while away from home in a licensed childcare program. A light morning and afternoon snack are provided during the school year program. Families are also welcome to bring snacks for their child to meet any food preferences.

We follow all Department of Children, Youth, and Families (DCYF) licensing guidelines when preparing and serving snacks. Each snack includes at least 2 of the following components:

- 1 cup 1% milk (fluid)
- ¾ cup 100% juice or ¼ cup fresh fruit and ½ cup fresh vegetable,
- 2 oz. meat/meat alternative
- 1 slice whole grain bread or 1 serving of grain

### **SACK LUNCHES (FOR NON-SCHOOL DAYS)**

It is the responsibility of the parent or guardian to provide the child with a sack lunch and drink during Break Camps, Professional Development Days, Day Between Semesters, and Parent Teacher Conferences.

- We are unable to accommodate lunches that need to be refrigerated or microwaved.
- All lunches should also include the necessary utensils.
- Washington State licensing requirements specify that a sack lunch needs to include a dairy product, a protein food, a bread or grain, and two total servings of fruit or vegetable.

### **FAMILY INVOLVEMENT**

There are many ways that you can become involved in your child's program:

- Come to the program and share a special skill you have with the children (music, art, cooking, tutoring children in academic subjects, etc.)
- Donate to your child's program (tax deductible). Ask for our current wish list!
- Volunteer your time – preparing games, building a container garden or worm bin, drama, or storytelling, and so much more.
- We welcome all suggestions for improvement. Please be in contact with our directors, area operations supervisors, and/or community center coordinators with any specifics that can help us to continue to provide high quality service for you and your family.
- Please speak with your director who will schedule time for you to share your talents and contributions.

### **FREE ACCESS AND VISITATION POLICY**

Parents/guardians are invited to observe our programs at any time. Unsupervised access shall only be with the child's parent/guardian. Parents/guardians wishing to observe our programs should remember that you are a visitor and not a registered volunteer of the program. As a visitor, you may participate with your child, but staff members are the professionals who lead and execute the program. If you wish to accompany your child on a field trip, you may transport your child, and ONLY your child, in your private vehicle or via public transportation. If the trip is on public transportation and you ride with your child, you will need to sign your child out of the program. Please note that any time the child is with you, he or she must be signed out into your care. Unfortunately, you will be unable to ride with the rest of the program on the rented buses

### **FAMILY/STAFF COMMUNICATION**

Communication from ARC may include satisfaction surveys, monthly newsletters, daily informal communication, and program learning objectives.

### **SUPERVISION**

Children will always be well supervised by our staff and will be in continuous visual and/or auditory range. Washington State Licensing requires an adult to child ratio of 1:15; however, SPR/ARC strives to maintain 1:10 ratio.

### **SUPERVISION DURING BATHROOM USE**

All staff are required by the Department of Children, Youth, and Families (DCYF) to provide appropriate supervision by keeping children within continuous visual or auditory range, (WAC 110-300-0345). When bathrooms are located outside the dedicated childcare rooms, a staff person will enter the restroom ahead of the child to ensure it is safe before sending participants into the facility. While participants are using the facility, staff will remain within auditory range of the restroom.

Staff will also use this practice for public restrooms on field trips. Staff are encouraged to send children to the restroom one at a time to prevent peer to peer abuse.

## FIELD TRIP EXPECTATIONS

Supervised groups may travel by school bus, Metro bus, or on foot to local parks, pools, or other points of interest. Field trip attendance lists will be completed in advance and staff/child ratio will be strictly followed during transition periods or while on field trips. All reasonable safety measures will be utilized while on field trips, as the safety and well-being of your child is of utmost importance to us. Parents/guardians will be informed of field trip dates, times, and destinations in advance. We encourage you to reinforce with your children the importance of following the directions and decisions of staff at all times. On rare occasions and/or due to repetitive behaviors of concern, if staff deems that a child's conduct may seriously endanger his or her safety, or the safety of others, the parent and/or guardian will be notified, and the child will not be able to participate in the planned activity.

Program protocols will be established to meet guidelines from the Centers for Diseases Control and Prevention (CDC), Washington State Department of Health (DOH) and Public Health Seattle/King County (PHSKC) as it relates to the COVID-19. Currently no field trips will be offered for the 2021-2022 school-year due to guidelines from the Centers for Diseases Control and Prevention (CDC), Washington State Department of Health (DOH) and Public Health Seattle/King County (PHSKC) as it relates to the COVID-19 Pandemic. We will update this as the guidelines are updated by the CDC, DOH and PHSKC.

## DAILY SCHEDULES AND CURRICULUM OFFERINGS

Each program posts a daily schedule and a weekly or monthly activity/curriculum plan on the bulletin board. This gives parents a summary of activities and experiences their child will participant in during program hours. The following is a sample monthly schedule from a school-age program:

# FEBRUARY



Seattle  
Parks and Recreation



Monday	Tuesday	Wednesday	Thursday	Friday
30 Kickball with Chance & Fuse beads with Holly	31 <b>Star Wars Tag &amp; Bow Masks</b>	1 Apples to Apples & Soccer	2 Drawing with Chance & Snakes and Mice	3 Chill Zone Friday Cartoons & Fire and Ice
6 Finger Knitting & Mushroomball	7 Recycled Art & Magna Tiles Challenge	8 <b>ROAD TRIP &amp; BOOK/ JOURNAL MAKING</b>	9 Valentine's Cards & Zombie Tag	10 Free choice Friday *Kids choose activities for the day
13 Last Minute Valentines cards & Link Tag	14 Valentine's Day Bash!	15 Drawing with Chance & Crayon Melting	16 Can You Build it? (Lego Challenge) Sharks & Minos	17 Free choice Friday *Kids choose activities for the day
20 Fiki Football & Bionicals	21 Trenchball & Modeling Clay	22 Freeze Dance & Paper Airplanes	23 Chance's Challenge & Watercolors	24 Popcorn Ball & Paper Air- planes
27 Alien's in the Woods & Friendship Bracelets	28 Fortune Tellers & Dodgeball			

2:05-2:45 Arrival & sign in  
2:45-2:50 Clean UP  
2:50-3:00 Group meeting on Carpet  
3:00-3:30 Snack at Front tables  
3:30-4:00 Outside time HW,  
& Activity setup  
4:00-5:10 Activities  
5:10-5:15 Clean UP time  
5:15-6:00 Quiet coloring, Games &  
Puzzles, Games in the Gym

### Homework Time (Optional)

Children are welcome to work on any of their homework throughout the morning.

### ACTIVITIES

Every week counselors rotate leading activities. Choices can include large group games, art projects, sports and more.

**\*OUR SCHEDULE  
SUBJECT TO CHANGE  
WITHOUT NOTICE.**

### Front Desk Phone

206.684.7522

### Program Phone

206.510.7856



## **PHYSICAL ACTIVITY**

SPR/ARC follows the guidelines recommended in *Caring for our Children: National Health and Safety Performance Standards*. Supporting healthy behaviors can help reduce childhood obesity. ARC's School-Age Program Physical Activity Policy ensures children are provided at least 20 minutes of moderate to vigorous physical activity for every 3 hours of programming. This includes staff led structured activities, running, and developing a variety of gross motor skills. Indoor gyms may be available during inclement weather seasons.

## **ACADEMIC ENRICHMENT AND SUPPORT**

During the school year we provide time and space for homework help, quiet reading, and/or activities which contain a range of learning experiences. We aim to provide at least 30 minutes, Monday through Thursday, for such academic enrichment and support opportunities. If your child needs homework-help on Fridays, please contact your program's director to determine the feasibility of that request. Staff are available to provide homework support but are not responsible for ensuring homework completion and accuracy.

## **NON-RELIGIOUS INSTRUCTION**

SPR and ARC programs celebrate our diversity of cultures and their non-religious traditions. No religious content is included.

## **LIMITED SCREEN TIME POLICY**

Movies are shown no more than once a month during the school year and no more than once a week during Summer Day Camps. Movies are always optional, and children not interested are offered alternative activities. Childcare licensing requires that screen time be educational, developmentally appropriate and have child-appropriate content (WAC 110-300-0155). Movies that are shown are G-rated. Staff will notify parents two weeks ahead of time with information regarding any PG-rated movie that will be shown. If there are any objections, a G-rated movie will be substituted.

Computer use is monitored and does not exceed 30 minutes increments per day, except for homework assignments. Participants are not allowed to bring electronic devices to the program except in the case we are able to support educational supports provided by Seattle Public Schools (please refer to the *ELECTRONIC DEVICES, TOYS AND VALUABLES* section below). If a parent gives a child permission to carry a cell phone, it should be kept in the child's backpack. The participant should ask for permission to use it, and then return it to the backpack. If this policy is not followed, staff will ask the participant to store their cell phone in the childcare office.

## **SCHOOL-AGE PROGRAMS OTHER IMPORTANT INFORMATION**

### **APPROPRIATE DRESS**

We strive to maintain a safe and welcoming environment for all participants. Each child is expected to:

- Dress appropriately for the temperature and inclement weather.
- Wear sturdy shoes and sandals. All sandals must have straps in the back (no flip flops).
- Refrain from wearing clothing which is inappropriate or offensive.
- Bring an extra set of clothes (for younger children).
- Avoid wearing "wheel" sneakers.
- Bring swimwear and a towel each day during Summer Day Camp/ Summer Day Camps.

### **SELF-TOILETING**

Children must be self-toileting/no diapers or training pants (example, pull ups).

### **VENDING MACHINES**

Candy and soda machines located in community centers are off limits to participants during School-Age program hours. Children will be asked to keep whatever money they may have in their backpack or amongst their personal belongings. Children may buy items from the machines once their parents and/or guardians have signed them out for the day.

## ELECTRONIC DEVICES, TOYS, AND VALUABLES

Cell phones, iPods, and any other electronic devices are not allowed. Please do not allow your child to bring toys and/or valuables to our programs. Our facility and staff will not be held responsible for, nor replace, items that become stolen, lost, or broken. In the event during COVID-19, we are able to support educational opportunities offered by Seattle Public Schools, families will be required to complete the *Personal Electronic Device Usage Agreement*.

## BEHAVIOR MANAGEMENT AND GUIDANCE

We strive to meet the growing needs of all children by providing a safe space with appropriate guidelines and boundaries designed to support the safety of all our participants.

Staff use indirect ways to guide children:

- We provide clear rules and expectations
- We give choices
- We maintain a regular routine.
- We provide a fun, busy activity schedule.

## COMMUNICATION WITH PARENTS AND/OR GUARDIANS AND/OR GUARDIANS

Staff will regularly check in with parents and/or guardians and/or guardians about their child's engagement, interest, and progress in the program through verbal or written communication. Staff will work to support each child in developing their abilities, talents, skills, and academic work.

ARC uses two forms of written documentation to communicate with parents and/or guardians and/or guardians:

1. **Occurrence Form.** Used to communicate any injuries or concerning behaviors that create an unsafe environment.
2. **Behavior Notification.** Used to indicate serious/inappropriate behaviors.

A positive behavior reinforcement system will be utilized to promote appropriate behavior. When necessary, this may also come in the form of a Behavior Support Plan.

## GUIDANCE AND REDIRECTION

As a partner in your child's success, we encourage you to share information with us that may affect your child's behavior. We are committed to working with you in the best interest of your child and the rest of the participants in our care. We do not use or endorse any form of corporal punishment by anyone (including family members). We also do not condone any means of inflicting physical pain such as biting, jerking, shaking, spanking, slapping, hitting, kicking, or any other measures. (WAC 110-300-0330 and WAC 110-300-0331)

In order to accomplish this, children, parents and/or guardians and/or guardians, and staff will all be aware of the program rules and behavior expected. We are confident this practice will minimize the need for disciplinary actions.

- Staff will communicate with the child in an effort to identify the problem and possible solutions.
- The child may be redirected to a new activity for a cool down period.
- If the situation persists the parent may be called for immediate pick up.
- For the preschool program, if the situation becomes unsafe for your child or unsafe for other children *Handle with Care (HWC)* will be used. *Handle with Care* is an integrated crisis intervention system that uses verbal de-escalation techniques and, in emergency situations when there are no other options to keep your child and/or others safe, a modified physical restraint for young children. HWC's young children's program balances appropriate protection, containment, and limit-setting with the child's development of self-sufficiency and independence. All preschool staff have been fully trained in *Handle with Care*.
  - Parents and/or guardians and/or guardians are notified as soon as possible if *Handle with Care* is used.
- A parent meeting will be conducted with the parent or guardian, the Director, Area Operations Supervisor, Family Resource Educator (preschool only) and the Special Populations Manager.
- Depending on the situation a Behavior Support Plan may be implemented for the child.

- Upon continued occurrences, a follow-up parent meeting will be held to review results of Behavior Support Plan and any additional next steps.

### **Should disruptions occur, staff will act as the facilitator and use the following procedures:**

We may remove a child from an activity if they are struggling with keeping themselves or others safe, and staff will work with the child in addressing and identifying feelings and emotions they are having. Staff will help to de-escalate the situation, and work with the child to find more appropriate and acceptable ways to communicate their feelings and needs.

If the situation persists:

1. The parent/guardian may be called for immediate pick up. This may also result in an immediate suspension.
2. In the case of a suspension, or if the situation becomes severe, a parent meeting will be conducted with the parent or guardian, the on-site director, Family Resource Educator (preschool only) and a Special Populations Program Manager.
3. Depending on the situation, a *Behavior Support Plan* may be implemented for the child.
4. Upon continued occurrences, a follow-up parent meeting will be held to review results of *Behavior Support Plan*.
5. If your child is suspended for 1-5 days, there will be no refund for that day and/or week.
6. If your child is removed from the program for the remainder of the session, such as Break Camp or Before and/or After-School program, your deposits cannot be refunded or transferred.
7. We reserve the right to grant exceptions to #1-4 of the above discipline steps in cases involving severe, extenuating and/or exceptional circumstances; examples include behavior that:
  - Hurts another child, either physically or verbally.
  - Hurts himself/herself/themselves.
  - Destroys (non-disposable) property.
  - Creates a one-on-one extended situation with staff, which takes them out of their designated ratio.

### **NO TOLERANCE POLICY**

The following will not be tolerated in any of our programs:

- Abusive, harassing, and/or obscene language or gestures.
- Threats of any kind that would intend harm, physical aggression, violent acts, or bullying.
- Weapons of any kind (including toy guns, firearms, sharp objects, and fireworks).
- Offensive or lude conduct.
- Improper exposure.
- Intentionally leaving the supervised area without permission.
- Intentionally damaging or defacing community center or school property.

### **PHYSICAL RESTRAINT POLICY**

Most situations can be diffused without the use of physical restraint. Physical restraint is the last resort and will be used only if the child is posing a serious threat to themselves or others. Staff will do everything possible to de-escalate the situation, including using a soothing calm voice, moving away from the child, removing the child from the situation, and validating the child's feelings. Parents will be notified immediately in the event that physical restraint was necessary (WAC 110-330-0335).

### **Please Note:**

Because of the wide range of behaviors that children display, Seattle Parks and Recreation and the Associated Recreation Council reserves the right to make the decision to suspend or expel a child based on the physical and emotional safety of the child, other program participants or staff who may be affected. In such circumstances, a child may be separated from the group for the rest of the day and parents may be called and asked to pick up their child immediately.

### **ABUSE PREVENTION**

Seattle Parks and Recreation (SPR) and the Associated Recreation Council (ARC) adhere to stringent screening and hiring practices in order to safeguard the safety and well-being of the children in our programs. ARC also provides staff with required Child Abuse Reporting training on a regular basis.

## **MANDATED REPORTER**

Washington State law (26.44 RCW) requires all persons who work or volunteer in a licensed preschool facility to immediately report suspected abuse to either a law enforcement agency or to **Child Protective Services**. Abuse may take the form of physical, sexual, emotional, child exploitation or neglect. Staff are not obligated to inform the family if a report or request for investigation is made to CPS. The Child Protective Services worker will notify the family of the referral. CPS has legal access to interview any child either inferred in an abuse case or who might be a witness to an abuse case. CPS may, or may not, inform you ahead of time of a pending interview with your child.

## **STAFF PROFESSIONALISM**

ARC staff is trained to maintain professional boundaries at all times. In an effort to avoid any conflict of interest or performance, **ARC staff are not permitted to provide private childcare to program participants outside the licensed preschool program.**

## **MEDICAL INFORMATION**

Parents must fill out a medication administration form and sign it for each medication that is to be received.

### **PRESCRIPTION MEDICATION**

Any prescription medication to be administered to a child while in our care must be accompanied by written approval of a physician (prescription label is accepted as physician approval) along with written parental consent. All medication must be in its original container and properly labeled with the child's name, date the prescription was filled, or medication's expiration date and legible instructions for administration such as manufacturer's instructions or prescription label. Additionally, please inform us of any and all medications the child takes while **not** in our care. In cases of emergency, this may be necessary information for first responders and medical staff. To capture this information, complete the *Medication Information and Treatment Authorization* form available in ePACT. This form should also be uploaded to your child's record in ePACT.

#### **Medications for chronic conditions such as: asthma or allergies:**

For chronic conditions (such as asthma): An individual care plan must be provided that lists symptoms or conditions under which the medication will be given.

#### **Emergency supply of medication for chronic illness:**

For medications taken at home, we ask for a three-day supply to be kept with our disaster kit in case of an earthquake or other disaster.

**Staff administering medications will document the time, date and dosage of the medication given.**

### **NON-PRESCRIPTION MEDICATION**

The following medication can be given with written parental consent, only at the dose, duration and method of administration specified on the manufacturer's label, if medication has not expired, and if it is in its original container and will be stored on-site and administered by staff:

- Antihistamine
- Non-aspirin fever reducer/pain reliever
- Anti-itching ointment or lotion intended specifically to relieve itching
- Decongestant
- Sunscreen
- Non-narcotic cough suppressant
- Hand sanitizer

A physician's written authorization is required for non-prescription medication that is not included in the above list, medication that is to be taken differently than indicated on the manufacturer's label or medication that lacks labeled instructions.

**All unused medication will be returned to parents or disposed of properly.**

## **ILLNESS (including during program)**

These guidelines are consistent with Public Health Seattle/King County. We ask that you adhere to the following guidelines.

### **Please keep at home any child with the following symptoms:**

- Fever of at least 100.4 °F orally (no-touch thermometer)
- Diarrhea, more than two loose stools per day or stool contains a drop of blood or mucus
- Vomiting, twice or more in the past 24 hours
- Rash, any not associated with heat or allergic reaction
- Drainage from the eye, redness of eyelid lining, swelling and discharge of pus
- Appearance/Behavior: Unusually tired, lack of appetite, confused, irritable, unable to participate in program
- Sore throat: especially with fever and swollen glands
- Head lice or nits: until no lice or nits are present
- Scabies: until after treatment
- Open or oozing sores, unless properly covered and 24 hours have passed since starting antibiotic

### **Additional symptoms where a child should be kept home as it pertains to our COVID-19 Protocols:**

- ✓ A cough
- ✓ Shortness of breath or difficulty breathing
- ✓ A fever of 100.4°F or higher or a sense of having a fever
- ✓ A sore throat
- ✓ Chills
- ✓ New loss of taste or smell
- ✓ Muscle or body aches
- ✓ Nausea/vomiting/diarrhea
- ✓ Congestion/running nose – not related to seasonal allergies
- ✓ Unusual fatigue
- Does anyone in your household have any of the above symptoms?
- Has your child/youth been in close contact with anyone with suspected or confirmed COVID-19?
- Has your child/youth taken any medication to reduce a fever before coming to care?

**\*\* In regard to our COVID-19 protocols, children will need to be symptom-free for 72 hours (without fever reducing medication) before returning to program. Staff members will follow the same exclusion criteria as children and childcare staff will be required to provide a negative COVID-19 test result before being cleared to return program.**

**Please Note:** Parents must have alternate plans for childcare. Children not well enough to participate in ALL activities, must not attend the program. If your child is sick, no refund will be issued.

If, while in our care, a child displays symptoms of illness and/or fever, the child will be isolated and kept comfortable while the parent or guardian is notified. If removal from the center is warranted, the parent will be contacted for immediate pick up of the child by the parent/guardian, an emergency contact, or authorized pick-up person. If the parent or guardian cannot be reached, emergency contacts and/or authorized pick-up persons will be called.

**Following exclusion, children are readmitted to the program when they no longer have any symptoms and/or Public Health exclusion guidelines for childcare are met.**

## **CONTAGIOUS DISEASE**

Parents are to inform the program director immediately when their child contracts a contagious disease (including, but not limited to chicken pox, conjunctivitis, mumps, measles, viral infections, lice COVID-19) or is exposed to one. Our center will then post a general notice to alert other parents; no names will be used. Children being treated with antibiotics for a contagious disease may not return to our facility until she/he has been using the medication for a 48-hour period and/or until the danger of infecting others is over.

Incidents of contagious disease will be reported to the County Health Department at 206-296-4774. Staff will conduct lice checks periodically. To ensure the safety of ALL participants in our program, we require a doctor's note indicating that the child is no longer contagious, and it is safe for the child to return to the program.

## **COVID-19**

Our programs are aligned to guidelines provided by Public Health Seattle/King County and DCYF regarding response and operation during the COVID-19 pandemic.

## **LICE POLICY**

If a child is found to have head lice while at the program, the parents will be contacted and asked to pick up their child immediately. In the event of a lice breakout, all children will have their hair checked for nits by the staff and families will be notified of the outbreak. Children found with nits will be sent home with instructions for removal. Children will not be allowed to return to the program until they are nit free. Staff also will be checked. When lice are found, all rugs, couches, pillows, soft toys, etc. will be cleaned.

## **SUNSCREEN POLICY**

Washington State Licensing Standards require that sunscreen be worn by all participants when exposed to sun for extended periods of time. It is the family's responsibility to provide, and apply, sunscreen prior to arriving to the program when there is sun exposure. During program hours, staff will provide opportunities for children to receive and reapply sunscreen at regular intervals. Please check with your director for additional instructions and to complete the *Sunscreen Authorization* form.

## **CONCUSSION INJURY-PARENT INFORMATION**

Washington State law (RCW 26A.600.190) requires all recreation and sports organizations to notify parents about the dangers of concussions and the importance of removing a child from play if they are suspected of a head injury.

Concussions are one of the most commonly reported injuries in children and adolescents who participate in sports and recreational activities. A concussion is caused by a blow or motion to the head or body that causes the brain to move rapidly inside the skull. Concussions can range from mild to severe and can disrupt the way the brain normally works. They can occur in any organized or unorganized sport or recreational activity and can result from a fall or from players colliding with each other, the ground, or with obstacles.

Continuing to play with a concussion or symptoms of head injury leaves the child or adolescent especially vulnerable to greater injury and even death. Therefore, it is important that a youth that is suspected of sustaining a concussion or head injury in a sport or recreational activity be removed from play immediately. The youth should not return to play until they have been evaluated by a licensed health care provider and has received written clearance to return to play.

Staff takes the following measures to ensure safety and prevent concussions or other head injuries:

- Participants are supervised and remain within visual or auditory range at all times.
- Staff are trained to recognize symptoms of a head injury (child appears dazed or stunned, seems confused, moves clumsily, loses consciousness-even briefly, shows personality or behavior changes, becomes nauseous or vomits, has double or blurred vision, or becomes dizzy).
- Participants are required to use helmets when they ride bikes or other "wheels" (no skateboards).
- Participants are reminded of the safety rules of the sport or recreation activity; and
- Parents are notified immediately in cases of suspected injury and appropriate medical treatment is sought.

## **HEALTH PRACTICES**

### **NON-SMOKING POLICY**

Smoking is prohibited in all programs, and no staff is allowed to smoke within visual range of participants.

## **CLEANING AND DISINFECTING**

Our programs follow a cleaning schedule that meets Washington State Licensing and Public Health Department requirements. We use approved commercial cleaning products to clean and disinfect all surface areas. In addition to our daily cleaning schedule, our community center has a custodian who attends to all additional aspects of cleaning prior to the start of each day.

## **FOOD HANDLING PRACTICES**

All directors, assistant directors and staff who prepare children's meals and/or snacks have valid Food Worker Permits. We follow all Public Health Department regulations.

## **HAND WASHING PRACTICES**

Participants and staff wash hands upon arrival to program, after using restroom facilities, before preparing and eating meals and/or snacks, and before participating in cooking activities.

## **EMERGENCY RESPONSE PLAN**

### **CHILDCARE HOTLINE**

In the case of inclement weather or a natural emergency, such as snow or an earthquake, please call the Childcare Hotline to ensure that the program is operating on a regular schedule: **206-684-4203**.

### **INJURY PREVENTION**

All equipment used by the program is inspected daily by staff to ensure safety. Any equipment deemed unsafe or dangerous for children will be reported and removed or participants will be informed that the unsafe area is off limits until repaired or replaced.

### **SERIOUS ILLNESS OR INJURY**

In case of a serious illness or injury the following procedures will be followed:

- Administer immediate First Aid/CPR
- Contact 911
- Contact Parent or Emergency Contact
- File Accident/Medical report with the director, area operations supervisor and community center coordinator.
- DCFY Licensor will be notified.

### **FIRE AND EARTHQUAKE PLAN**

Program staff conducts monthly fire drills and quarterly earthquake drills throughout the year. Participants are instructed what to do in the event of an emergency. Emergency evacuation plans are posted in the community center.

### **HEIGHTENED SECURITY AND LOCKDOWNS**

In the event of a highly unsafe situation occurring in the neighborhood, the program may go into heightened security or lockdown. Heightened security means that we keep all children on-site and lock all outer doors. A lockdown means that in addition to keeping the children in the building, we will shut off all the lights and keep children in a better protected area until notified by the police that the situation has cleared. During a lockdown, no parent or staff may enter or leave the building.

## **COMPLAINTS AND GRIEVANCES**

If you have a complaint, please request an appointment to have a conference with your program director to ensure that the situation is addressed properly. We request that families do not leave grievances on our voice mail nor attempt to discuss during program hours. We will do our best to address, and solve, each situation. If the complaint or grievance cannot be resolved with the director, you are encouraged to contact the Area Operations Supervisor (telephone numbers can be found at the end of the handbook).

## SITE-SPECIFIC INFORMATION

SPR/ARC Licensed Childcare Center Programs

ARC Area Operations Supervisor: Anna Barron

Cell: 206.384.3819

Email: [anna.barron@seattle.gov](mailto:anna.barron@seattle.gov)

Program	Location	Address	Phone	CC Support Staff	Email
Alki Preschool & School-Age Programs	Alki Community Center	5817 SW Stevens St Seattle, WA 98116	206-684-7430	Daryl Look	<a href="mailto:daryl.look@seattle.gov">daryl.look@seattle.gov</a>
<b>Director: Samantha Mackenzie, Cell: 206.510.4064, Email: <a href="mailto:samantha.mackenzie@seattle.gov">samantha.mackenzie@seattle.gov</a></b>					

Program	Location	Address	Phone	CC Coordinator	Email
Ballard Preschool & School-Age Programs	Ballard Community Center	6020 28 <sup>th</sup> Ave NW Seattle, WA 98107	206-684-4093	Tim Ewings	<a href="mailto:tim.ewings@seattle.gov">tim.ewings@seattle.gov</a>
<b>Director: Rebecca Young, Cell: 206.910.5928, Email: <a href="mailto:rebecca.young@seattle.gov">rebecca.young@seattle.gov</a></b>					



# FAMILY CONTRACT

- I have read the Family Handbook and understand and agree to follow the guidelines and policies when using the services of Associated Recreation Council and Seattle Parks and Recreation Community Center partnership programs.
- If I have questions, comments or concerns about staff, policies or practices I will address them with the Director and/or Seattle Parks and Recreation staff at the community center.
- I understand that my child must be registered, and all required enrollment forms must be completed before my child can attend.
- I have been given a site tour.
  - Please note that site tours may be limited and/or not allowed due to COVID-19 protocols during the pandemic.
- I received a brief program orientation.
- I have read the information about concussion injuries and prevention.
- I understand that it is my responsibility to provide my child with sunscreen and apply it prior to camp.

Child's Name: \_\_\_\_\_

Parent/Guardian's Printed Name: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian's Signature: \_\_\_\_\_

Director's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

NOTE: PLEASE SEPARATE FORM FROM HANDBOOK TO SUBMIT
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