



## CAMP LONG NATURE DAY CAMPS

# NATUREQUEST & SURVIVORQUEST

Below are themes and descriptions for our camps. Please contact us for more information or to register.

### **NATUREQUEST | AGES 7-12**

**JULY 2–AUGUST 24 | MON–FRI | 9A.M.–4P.M.**

**\$250/WEEK** (\$200 for the week of 7/4)

**SIBLING DISCOUNT: \$10/week** (\$8 for the week of 7/4)

### **WEEKS 1 and 3: 7/2 – 7/6\* and 7/16 – 7/20** **Survivor Week at Camp Long**

Could you survive a night in the forest? Create a shelter, build a safe fire and cook outdoors? Do all that and more in learning the art of nature survival. Gain skills at identifying edible plants and berries and which plants to avoid. Build confidence and ability to become secure in a forest setting.

\*No Program on 7/4

### **WEEKS 2 and 4: 7/9 – 7/13 and 7/23 – 7/27** **Intertidal Journeys at Mee Kwa Mooks**

Become an amateur marine biologist for a week! Search for life between the tides and discover how plants and animals have adapted to such changing conditions. Set up a beach science station where you can examine animals in their unique habitat. Net and release tide pool fish and skeleton shrimp, learn how sea stars move, how clams and barnacles eat, and much more about the diverse life you encounter above and below the rocks, sand, and water.

## **CAMP LONG**

5200 35th AVE SW, SEATTLE WA 98126  
PHONE: 206-684-7434



**Registration begins February 6, 2018!**

**WEEKS 5 and 6: 7/30 – 8/3 and 8/6 – 8/10**  
**Schmitz Park Wildlife Jungle**

It's a jungle out there worth investigating! Seattle is one of the Top 10 Cities for amazing Urban Forests. Become a scientist and explore this urban wilderness. Unearth the forest's secrets and learn how hawks, owls, coyotes, fox, and a multitude of songbirds live here. In every layer you'll find clues. Identify native plant species that have grown here for centuries and investigate the role forests have in human survival. Learn how you can be involved in forest protection.

**WEEKS 7 and 8: 8/13 – 8/17 and 8/20 – 8/24**  
**PNW Wonders at Lincoln Park**

Pacific Northwest Wonders focuses on all the different ecosystems in the PNW- from the legendary Madronas, to our rocky coastline, to the thick forests filled with bird song. We will focus on play and exploration to finish off the summer on a fun and creative swing.

**SURVIVORQUEST | AGES 12-15**  
**JULY 2–AUGUST 24 | MON–FRI | 9A.M.–4P.M.**  
**\$325/WEEK** (\$275 for the week of 7/4)  
**SIBLING DISCOUNT: \$25/week** (\$15 for the week of 7/4)

SurvivorQuest combines a focused teaching of survival skills with the high-flying fun of Camp Long's high ropes course. Over the course of each week, campers will help design their experience by scheduling what survival skills they want to learn while moving back and forth between learning to live outdoors and showing what they're made of on Camp Long's various challenge course elements. Monday each week, campers will plan their week with the help of a trained SurvivorQuest educator, making sure campers are learning the skills that they want to learn. You won't find a more customizable and rewarding experience anywhere in Seattle!



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